



National Resident Matching Program® (NRMP®)

The NRMP, also known as The Match®, is a non-profit organization that for more than 70 years has placed medical students and young physicians into the nation's clinical training programs. The Match ensures that a steady pipeline of highly qualified professionals is building the necessary skills to care for patients across the country through a process that is fair, equitable, efficient, transparent, and reliable.



2024 Main Residency Match

44,853

Certified Applicants

4.4% increase
since 2023

41,503

Total Positions

2.8% increase
since 2023



Certified applicants
matched to PGY-1
positions



PGY-1 positions
filled*

Overall Placement Rates

PERCENT CHANGE IN PLACED APPLICANTS SINCE 2023

US MD Seniors

97.9%

Active Applicant
Placement Rate

↓ 0.3% US MD Seniors

US DO Seniors

98.5%

Active Applicant
Placement Rate

↓ 0.2% US DO Seniors

US Citizen IMGs

73.4%

Active Applicant
Placement Rate

↓ 0.7% US Citizen IMGs

Non-US Citizen IMGs

61.5%

Active Applicant
Placement Rate

↓ 0.9% Non-US Citizen IMGs

Program Highlights

INCREASE IN NUMBER FROM 2023

- **1,128 more certified positions**
- **125 more certified programs**
- **719 more positions in Primary Care**

*Includes preliminary positions



How We Make A Difference

- NRMP data informs national trends in specialty preferences and reflects physician distribution across the U.S.
- NRMP research drives national conversations about diversity in medical education and equity for population health.
- NRMP Matches have served more than 1.4 million applicants for both residency and fellowship training since 1992.



How We Do It

- Applicants submit to the NRMP lists of programs ranked from most to least preferred of where they would like to train. At the same time, training programs submit lists of applicants who they would most like to train.
- Using a proprietary algorithm, the NRMP places applicants with their most preferred programs that also prefer them.
- With a Match, applicants and programs are treated equally, and their preferences drive outcomes, thereby reducing bias and inequities in training selection.
- Upon conclusion of the Match, applicants who give notice of resignation, resign, or vacate a position within 45 days of the start date specified in the appointment contract are presumed to have breached NRMP policy unless evidence is submitted through the waiver process sufficient to show that training was entered into in good faith and the NRMP determines there is a reasonable basis to release the applicant from the binding commitment.

2024 Main Residency Match Snapshot

IOWA

The 2024 Main Residency Match (MRM) was completed on March 15. New residents begin their core training in their matched hospital by July 1 and remain there, depending on their specialty, for 3 to 7 years.

274

Applicants Placed In Residency Training Programs in Iowa



Overall Positions
6 more positions since 2023



Overall Positions Filled
1.1% increase since 2023

SPECIALTIES OF INTEREST



Pediatrics
positions filled
22 Total Positions



Emergency Medicine
positions filled
16 Total Positions

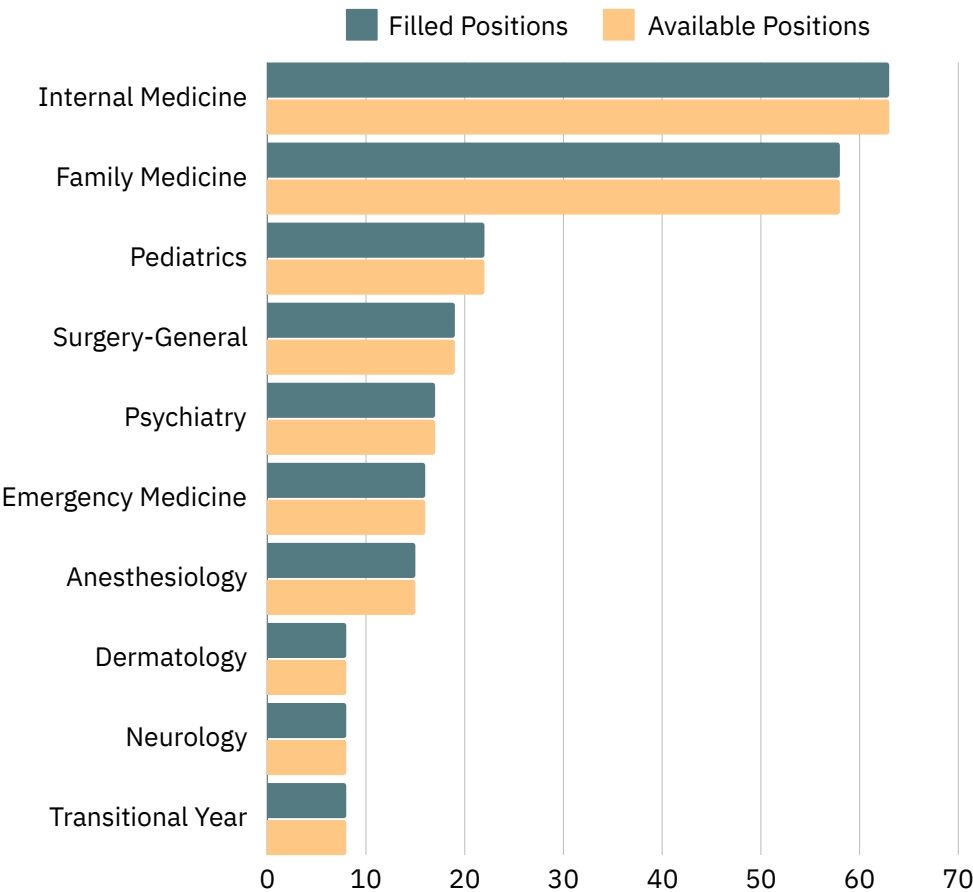


OB-GYN
positions filled
6 Total Positions



Internal Medicine
positions filled
63 Total Positions

TOP 10 MRM POSITIONS OFFERED/FILLED BY SPECIALTY



APPLICANT TYPES IN IOWA PROGRAMS IN 2024

47.8% US MD Seniors
26.6% US DO Seniors
2.6% US MD Grads
0.7% US DO Grads
6.2% US IMGs
16.1% Non-US IMGs

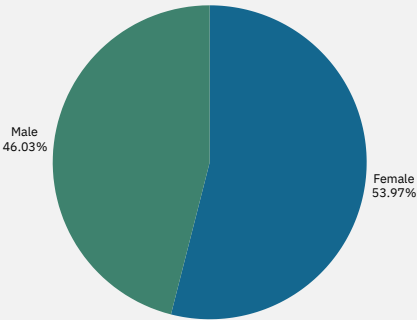
APPLICANT TYPE ABBREVIATIONS:

US MD Seniors: A 4th-year medical student in a U.S. allopathic medical school accredited by the Liaison Committee on Medical Education (LCME) with a graduation date after July 1 in the year before the Match
US DO Seniors: A 4th-year medical student in a U.S. osteopathic medical school accredited by the Commission on Osteopathic College Accreditation (COCA) with a graduation date after July 1 in the year before the Match
US MD Grads: Graduates of U.S. medical schools accredited by the LCME
US DO Grads: Graduates of U.S. medical schools accredited by the COCA
US IMGs: A U.S. citizen who attended an international medical school
Non-US IMGs: A non-U.S. citizen who attended an international medical school

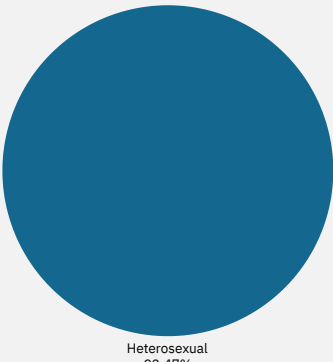
Matched Applicant Characteristics

The below data is self-reported. Please note, not all applicants chose to respond and the NRMP has suppressed fields that did not meet minimum thresholds to protect confidentiality.

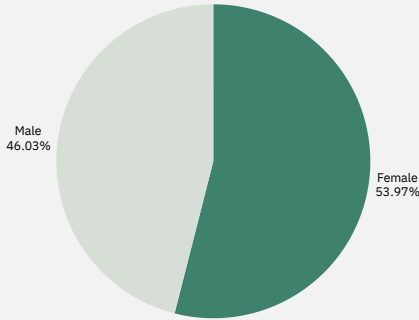
Birth Sex



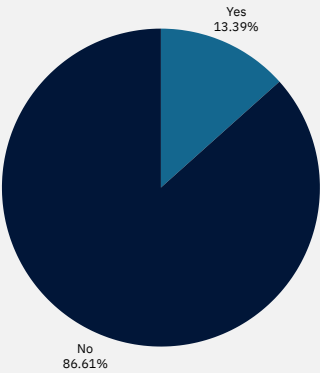
Sexual Orientation



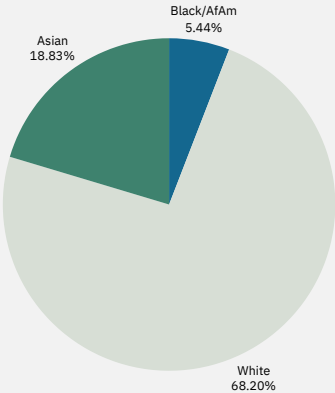
Gender Identity



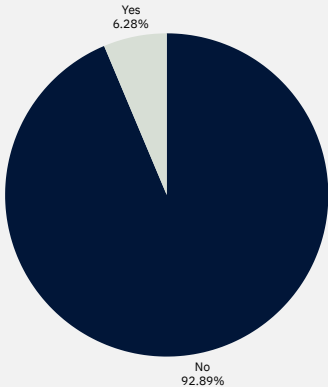
Underrepresented in Medicine



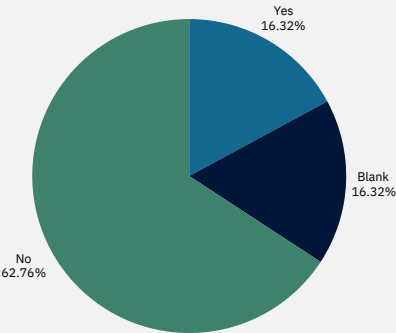
Race



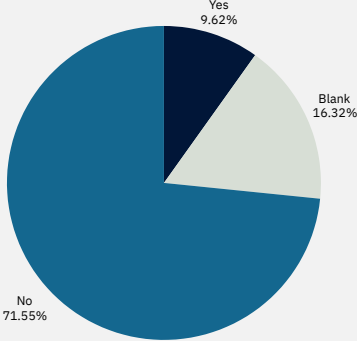
Hispanic/Latino/Spanish Descent



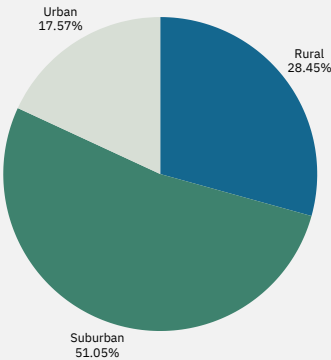
Family Received Public Assistance Pre-18



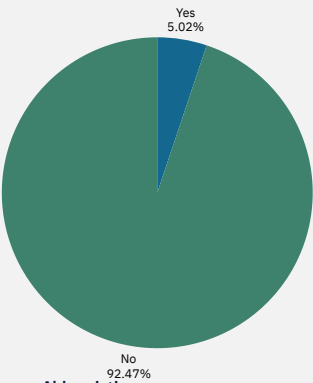
Contributed to Family Income Pre-18



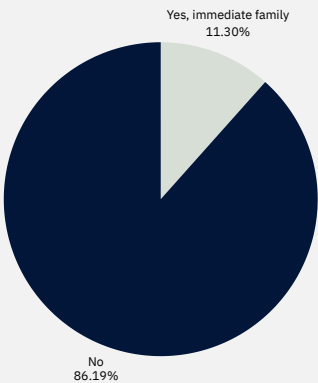
Childhood Urbanicity



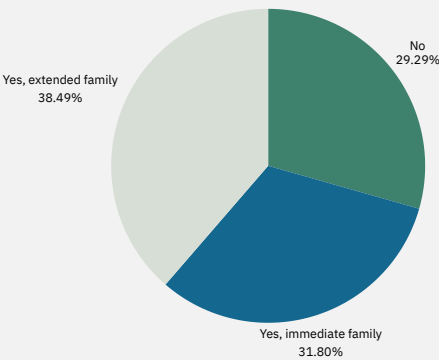
Disability Status



First Generation College



First Generation Med School



Response Abbreviations
DK: Don't Know
PNA: Prefer Not to Answer
NA: Native American

Specialties Matching Service® (SMS®)

The NRMP Specialties Matching Service® (SMS®) conducts matches for subspecialty fellowship positions. The first Fellowship Match was conducted in 1984. For the 2024 appointment year, the SMS provided services for 77 subspecialties in 22 separate matches.



SMS Fellowship Matches 2024 Appointment Year is Largest in History

14,034 Applicants

AN INCREASE OF 115 OVER 2023

14,169 Total Positions

AN INCREASE OF 804 OVER 2023



% Applicants Matched



% Positions Filled



Total Specialties



Specialties filling at
least 90% of positions

5-Year Trends (2020–2024)

APPLICANTS

▲ **835**

US MD Grads

▲ **602**

US DO Grads

▲ **211**

US Citizen IMGs

▲ **342**

Non-US Citizen IMGs

IMGs=International Medical Graduates



Fellows

After medical school, physician learners, or residents, complete a residency in a core specialty. Some residents may then seek additional training in a subspecialty or fellowship program. Interested eligible individuals can then apply to subspecialties or fellowships and register for the appropriate match.

To participate in a Specialties Matching Service® Fellowship Match, prior to the start of training, an applicant must have completed all training required for the position, must meet all requirements for entry into GME as prescribed by the appropriate organization, and any additional eligibility requirements provided by the sponsoring institution (e.g., a teaching hospital).

FELLOWSHIP MATCHES

Colon and Rectal Surgery

Emergency Medicine

Epilepsy and Clinical Neurophysiology

Female Pelvic Med & Reconstructive Surgery

Hand Surgery

Headache Medicine

Laryngology

Medical Genetics

Medicine and Pediatrics Specialties

Pain Medicine

Pathology

Pediatric Surgery

Psychiatry

Radiology

Rehabilitation Medicine

Spinal Cord Injury Medicine

Sports Medicine

Surgical Critical Care

Surgical Oncology

Thoracic Surgery

Vascular Neurology

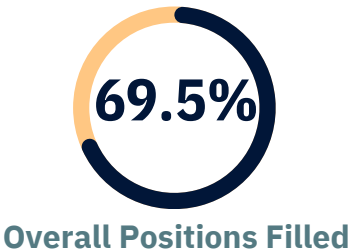
Vascular Surgery

2024 Specialties Matching Service Snapshot

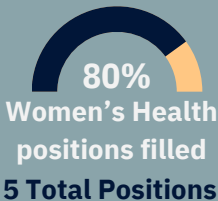
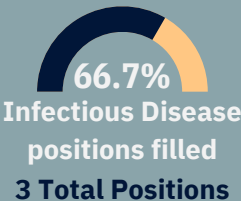
IOWA

The data for the 2024 NRMP Specialties Matching Service® (SMS®) was conducted in 2023 and early 2024. New residents generally begin their fellowship training in their matched hospital by July 1.

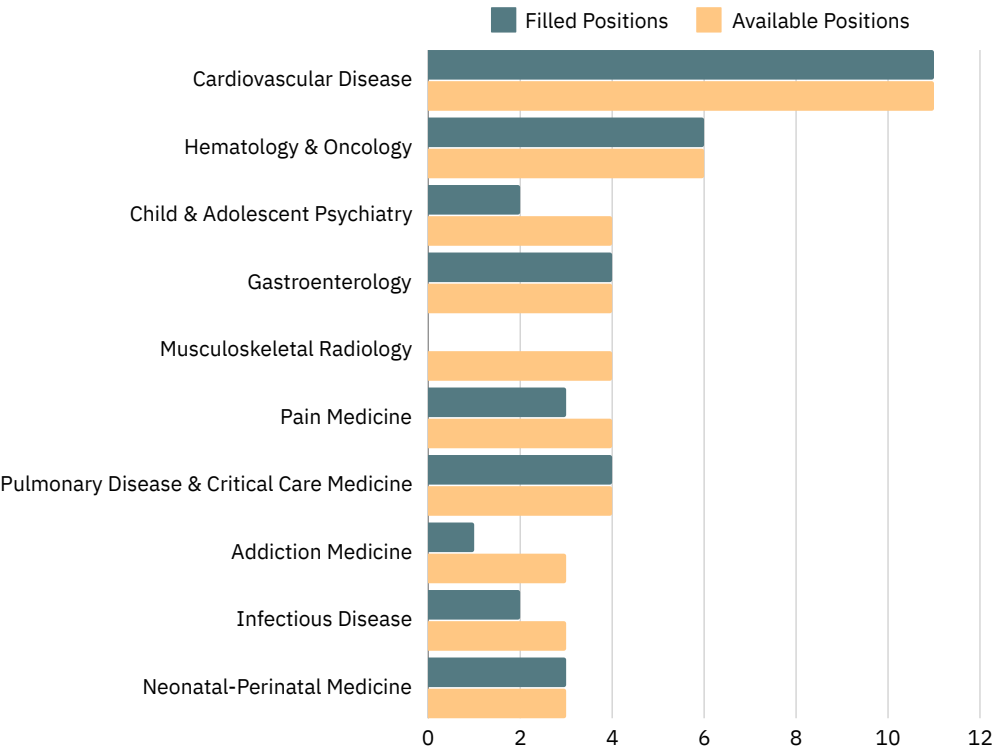
66
Applicants Placed In Fellowship Training Programs in Iowa



SPECIALTIES OF INTEREST



TOP 10 SMS POSITIONS OFFERED/FILLED BY SPECIALTY



APPLICANT TYPES IN IOWA PROGRAMS IN 2024

45.5% US MD Grads
16.7% US DO Grads
7.6% US IMGs
30.3% Non-US IMGs

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