



Navigating Match Week and SOAP® for Applicants

2025 Main Residency Match®

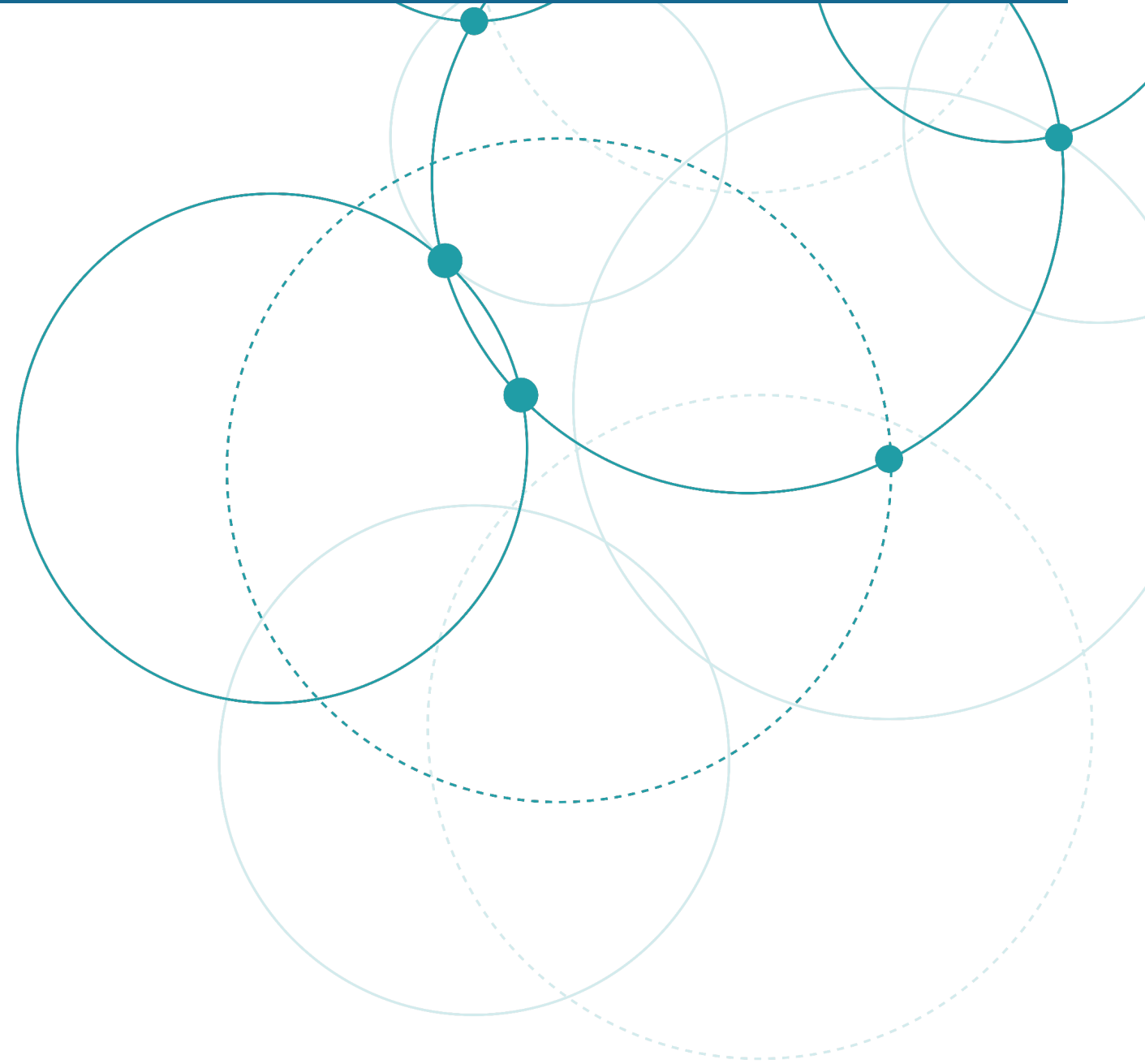
Jeanette L. Calli, MS

Chief of Match Operations

National Resident Matching Program® (NRMP®)

Agenda

- **What's New and What is SOAP?**
- **SOAP Eligibility and Communications**
- **Match Week and SOAP Schedule**
- **Applying to SOAP Positions**
 - **AAMC's ERAS**
 - **ResidencyCAS**
 - **Central Application**
- **SOAP Offer Rounds**
- **Match Day and Beyond**
- **SOAP Data**



Applicant Participation in the Match

The Rank Order List Certification Deadline and the deadline for applicants to register for the Match and SOAP:

Wednesday, March 5 at 9:00 p.m. Eastern Time

Applicants must:

- Complete the registration process in the NRMP's Registration, Ranking, and Results® (R3®) system
- Electronically sign the Match Participation Agreement
- Pay all Match fees
- Certify your rank order list (if you intend to participate in the Match)
- Be verified as eligible to enter GME by July 1
 - U.S. medical students are verified by their medical schools
 - IMGs are verified by the ECFMG



What's New in the 2025 Main Residency Match®

New application service providers

Applicants may need to complete additional applications for SOAP


Each application service will display ALL the unfilled programs using that service for SOAP



What is SOAP?

SOAP is not another Match


Applicants apply to programs using the application service designated by the program



Programs review applications and contact applicants of interest. Programs then create preference lists of applicants in the NRMP's R3 system



Unfilled positions are offered to eligible applicants on the program's preference list in a series of four rounds



Positions offered and accepted constitute a binding commitment under the Match Participation Agreement

Applicant SOAP Eligibility



There is no separate
SOAP registration

Applicants must be
registered in the
NRMP by March 5th
to participate in the
Match and SOAP

To participate in SOAP, you must **register** by March 5, be **verified** as eligible to enter GME on July 1, and be fully or partially **unmatched**

- How an applicant is verified depends on applicant type:
 - ✓ The ECFMG® verifies credentials of IMGs
 - ✓ Medical Schools verify eligibility for US MD and DO Seniors and Graduates
- Either the school or the NRMP withdraws applicants whose credentials are not verified by the Rank Order List (ROL) Deadline

Communication During SOAP

SOAP-eligible applicants:

- Can access the *List of Unfilled Programs* in NRMP. The *List* will show only programs for which the applicant is eligible based on their matched status
- Are prohibited from using any means other than the application designated by the program to apply to and contact programs
- Can apply only to unfilled Match-participating programs that are participating in SOAP



Other than submitting the application, you (or your representatives) cannot contact programs until the program initiates contact

SOAP Participation Exception

Fully unmatched SOAP-eligible applicants who want to pursue interests other than clinical residency training may do so provided:

- the position sought is not affiliated with a Match- or SOAP-participating residency program;
- the position does not qualify for training credit in an ACGME-accredited residency program; and
- the applicant does not submit any applications to SOAP-participating programs during Match Week.

2025 Match Week & SOAP Schedule

Monday, March 17

10:00 a.m. ET

Applicants learn if they matched, and SOAP-eligible applicants have access to the *List of Unfilled Programs* in the NRMP R3 system

Programs learn if they filled

11:00 a.m. ET

SOAP applicants can start preparing and sending applications via the application designated by the program

Tuesday, March 18

8:00 a.m. ET

Programs can begin viewing SOAP applications and can contact/interview applicants upon receipt of an application

2025 Match Week & SOAP Schedule

Wednesday, March 19

Programs continue reviewing SOAP applications and interviewing

Thursday, March 20

9:00 a.m. ET

SOAP Offer Rounds Begin

SOAP-ineligible applicants may begin accepting offers from non-SOAP- /non-Match-participating programs

8:00 p.m. ET

SOAP Offer Rounds End

8:30 p.m. ET

Programs can update the number of unfilled positions

9:00 p.m. ET

SOAP ends

Updated *List of Unfilled Programs* available to applicants

SOAP Begins



Learn if you matched on Monday, March 17 at 10:00 a.m. ET via NRMP's R3 system and courtesy email



Partially-unmatched applicants and couple applicants whose partner did not match will have the city, state, and zip code of their matched program provided in the R3 system



Unmatched or partially unmatched applicants will have access to the *List of Unfilled Programs* under the SOAP tab in **NRMP**. The *List* includes all specialties using all application services
The *List* displays the application service being used by the program



Begin applying to programs in the application service designated by the program at 11:00 a.m. ET

SOAP Unfilled Programs List

The screenshot shows the The Match NRMP website interface. The top navigation bar includes the logo, user profile (Imani Sekibo), and a menu with options like Home, Options, ROL, and SOAP. The SOAP menu is highlighted with a red box, and a red arrow points to the 'Unfilled Programs' option in the dropdown menu. Below the navigation bar, the page title 'Match Home Page' is visible. The main content area displays the user's profile information, including their applicant type, username, NRMP ID, AAMC ID, USMLE ID, and their status (CERTIFIED, PAID, VERIFIED, and SOAP ELIGIBLE). At the bottom, a yellow box displays the match results.

THE MATCH
NATIONAL RESIDENT MATCHING PROGRAM®

United States – Registration, Ranking, and Results ©(R3 ©)

Match Home Page

Applicant Type: Senior in a U.S. Allopathic Medical School

Username: isekibo

NRMP ID: N0478930

AAMC ID: 23424542

USMLE ID: 5-555-555-5

Applicant Status: **CERTIFIED**

Fee Status: **PAID**

Verification Status: **VERIFIED** ?

SOAP Status: **SOAP ELIGIBLE**

Match Results: We are sorry, you did not match to any position.

SOAP Unfilled Programs List

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Specialty	Unfilled Programs	Unfilled Positions	Specialty	Unfilled Programs	Unfilled Positions
Anesthesiology - R	2	4	Pathology-Anatomic and Clinical - C	8	10
Child Neurology - A	1	1	Pediatrics - C	27	80
Child Neurology - C	12	14	Pediatrics - M	1	1
Child Neurology - R	8	8	Pediatrics - P	2	2
Dermatology - A	2	3	Pediatrics/Medical Genetics - C	1	1
Dermatology - C	1	2	Physical Medicine and Rehabilitation - A	1	2
Dermatology - R	3	3	Physical Medicine and Rehabilitation - R	2	6
Emergency Medicine - C	67	217	Psychiatry - C	9	14
Family Medicine - C	176	468	Radiation Oncology - A	20	26
Internal Medicine - C	88	451	Radiation Oncology - C	1	1
Internal Medicine - M	3	10	Radiation Oncology - R	2	2
Internal Medicine - P	46	140	Radiology-Diagnostic - A	1	1
Neurology - C	7	11	Radiology-Diagnostic - C	1	1
Neurology - R	5	5	Radiology-Diagnostic - R	1	1
Obstetrics and Gynecology - C	3	4	Surgery-General - C	3	3
Obstetrics and Gynecology - P	7	10	Surgery-General - P	145	537
Osteopathic Neuromusculoskeletal Medicine - C	2	3	Transitional Year - P	44	218
Osteopathic Neuromusculoskeletal Medicine - R	1	2			

35 specialties found.
 Unfilled Programs: 703
 Unfilled Positions: 2262

Types of Programs in the Match

Categorical	C	Training that is 3-7 years in length, begins in the PGY-1 year, and leads to specialty board certification.
Primary Care Categorical	M	Categorical programs in primary care offered by some <u>Internal Medicine</u> and <u>Pediatrics</u> programs.
Preliminary	P	Training that is one year in length in transitional, medicine, surgery, or other specialty programs and provides the prerequisite training for advanced programs.
Advanced	A	Training that is 3-4 years in length in specialty programs that begin after one or more years of preliminary training. Advanced positions in the 2025 Match are PGY-2 positions that begin in 2026.
Reserved-Physician	R	Training in specialty programs reserved for physicians with prior graduate medical education and who can enter advanced training in the year of the Match. Reserved-Physician positions in the 2025 Match are PGY-2 positions that begin in 2025.

Applying to Unfilled Programs

SOAP-eligible applicants can view the *List of Unfilled Programs* in the NRMP's R3 system and then apply for unfilled positions for which they are eligible

Each application service will display **ALL** the unfilled programs using that service for SOAP

- Example: An applicant who matched to an advanced Radiology program is only eligible to apply to and accept preliminary positions during SOAP. However, the applicant will be able to see all unfilled Radiology programs in ERAS.



Applicants are responsible for ensuring they apply only to positions for which they are eligible, as shown on the *List of Unfilled Programs*.

Applicants can apply to:

- Different specialties than they previously applied
- Unfilled program(s) to which they previously applied

Application Services

NRMP and the application services are separate organizations with separate systems

- AAMC (Association of American Medical Colleges) Electronic Residency Application Service® (ERAS®), providing application services for programs in every Match-participating specialty besides Plastic Surgery and Obstetrics and Gynecology
- Central Application, providing application services for programs in Plastic Surgery
- ResidencyCAS, providing application services for programs in Obstetrics and Gynecology



Application Services (cont.)

All application services will adhere to the same schedule, number of applications, and costs

- 45 applications to use in each application service for the duration of SOAP
 - Not all services may have 45 unfilled programs during SOAP
- No additional fees to apply during SOAP if the applicant applied to at least one program using that application service for the 2025 season, prior to the start of SOAP

If the applicant did not use a specific application service during the regular season:

- \$99 fee to apply during SOAP

NRMP does not manage the application process for the Match or SOAP

Electronic Residency Application Service (ERAS) in NRMP SOAP®

Laurel Constantine
ERAS Training Specialist



Electronic Residency Application Service (ERAS®)

The Electronic Residency Application Service (ERAS) streamlines the residency application process for applicants, their Designated Dean's Offices, Letter of Recommendation (LoR) authors and program directors. By providing applicants the ability to build and deliver their application and supporting materials individually or as a package to programs, ERAS provides a centralized, but flexible solution to the residency application and documents distribution process.



Preparing for SOAP in MyERAS

Prior to Match Week, ERAS recommends that applicants:

Log into their AAMC account and confirm access.

- Use the *Forgot username/password* options or contact AAMC Customer Support for assistance with any login issues.

Certify and submit their MyERAS application, if not already completed this season.

- Except for the Personal Information section, the application cannot be edited once it has been certified and submitted.

Keep the Personal Information section and the **NRMP ID** updated in MyERAS.



Preparing for SOAP in MyERAS

Ahead of Match Week, ERAS recommends applicants:

Upload any new or updated supporting documents

- Medical School Transcript, Medical Student Performance Evaluation (MSPE), Letters of Recommendation (LoRs)
- USMLE and/or COMLEX-USA Transcript release
 - NBME, NBOME, and the ECFMG understand the need for expediency during this time and work to resolve these requests as quickly as possible before and throughout SOAP
- Personal statement(s) or photo



Requirements in MyERAS during SOAP

In order to apply to programs in ERAS during SOAP:

- Applicants must be SOAP-eligible (eligibility is determined by NRMP).
 - Applicants may refer to the NRMP Registration, Ranking, and Results (R3) system for their match status.
- The MyERAS Application must be Certified & Submitted
 - For those who sent an application during ERAS 2025, this step is complete.
 - For those who did not complete this as part of the regular ERAS 2025 season, go to the MyERAS application and certify and submit prior to Match week.



ERAS Fees During SOAP

If an applicant applied to at least one residency program by **7:30 a.m. ET Monday March 17, 2025**, there is no fee to participate.

- Non-SOAP ERAS Application fees can be found on the ERAS for Applicants website.

If an applicant has not applied to at least one residency program before Monday, March 17 at 7:30 a.m. ET and is SOAP-eligible, they will pay the ERAS base fee of **\$99** to participate.

If an applicant has not sent their USMLE or COMLEX-USA transcripts during the ERAS 2025 season, a fee of \$80 per transcript type will apply.

SOAP Fee Timeline for Monday March 17th

If applied before 7:30 a.m. ET	If applying after 11:30 a.m. ET
No Additional Application Fee	\$99 Application Fee



ERAS Applications during SOAP

- Applicants can apply to a total of 45 ERAS service-participating programs for the entire SOAP process.
 - The 45-application limit includes new and previous programs that the applicant applied to during the 2025 ERAS application season.
- Applicants cannot withdraw an application after it has been submitted. All applications will count toward the 45-application limit.
- Applicants should refer to the NRMP R3 system in between rounds for programs they are eligible for based on their match status.



Applying to Programs in MyERAS during SOAP

1. Review the NRMP's *List of Unfilled Programs*

Keep in mind the 45-application maximum for the entire SOAP process

2. Navigate to MyERAS; login with your AAMC account

3. Search for programs in the Programs tab

4. Select desired training track(s) and save your programs

5. Select the programs you would like to apply to and choose the Apply/Preview Invoice option

6. Assign documents

Please refer to the NRMP's R3 system for programs you are eligible for and check that the NRMP Code matches an eligible program before applying.



Logging into the MyERAS Application during SOAP

Supplemental Offer and Acceptance Program (SOAP) Eligibility

During Match Week (March 17-20, 2025) unmatched and partially matched applicants may participate in SOAP to try to obtain an unfilled ACGME-accredited residency position.

To participate in SOAP, applicants must be:

1. Registered with NRMP for the Main Residency Match®.
2. **Eligible to enter graduate medical education** on July 1, 2025, as verified by the applicant's medical school or the Educational Commission for Foreign Medical Graduates (ECFMG™), a member of Intealth™.
3. Unmatched or partially matched on Monday of Match Week.

If you are fully matched, you may not submit any applications during SOAP, as you are not eligible for any program other than the program to which you were matched. Any applications submitted by fully matched applicants or applicants who did not register for the NRMP Main Residency Match will not be refunded. For more information about participation in SOAP, please go to [ERAS® Program SOAP® Information](#).

If you did not participate in the NRMP Match, you can apply for any open positions on Thursday, March 20th after 9pm ET.

* Confirm SOAP Participation

☒ I am registered for the NRMP Main Residency Match, am not already fully matched, and am participating in SOAP

☐ I am not participating in SOAP

* Provide NRMP ID

If you do not know your NRMP ID, you will need to log into the [NRMP R3 system](#) to find it. The NRMP ID allows programs to confirm applicant eligibility.

N8888888

SUBMIT



Logging into the MyERAS Application during SOAP

Dashboard ERAS 2025 Season - Residency▾



Flora Simmons

AAMC ID 21196691

Supplemental Offer and Acceptance Program® (SOAP®)

✔ You are PARTICIPATING in SOAP

 Edit

During Match Week, unmatched and partially matched applicants participate in SOAP (Supplemental Offer and Acceptance Program) to try and obtain an ACGME-accredited residency position.

To participate in SOAP, applicants **must be**:

- **Registered with NRMP for the Main Residency Match®.**
- **Eligible to enter graduate medical education on July 1st of the Main Residency Match Year**, as verified by the applicant's medical school or the Educational Commission for Foreign Medical Graduates (ECFMG™), a member of Intealth™.
- **Unmatched or partially matched** on Monday of Match Week.

SOAP begins Monday, January 13th at 8:00 am ET and ends Thursday, May 15th at 8:00 am ET.

For more SOAP information please visit the [NRMP website](#). For more information about using MyERAS during SOAP, please visit the [ERAS website](#).

If you need to update your SOAP participation status, you may [update your SOAP participation status here](#).



Dashboard

ERAS 2025 Season - Residency ▾

Supplemental Offer and Acceptance Program® (SOAP®)

✔ You are PARTICIPATING in SOAP

[Edit](#)

During Match Week, unmatched and partially matched applicants participate in SOAP (Supplemental Offer and Acceptance Program) to fill remaining positions.

- Search Programs
- Saved Programs
- Programs Applied To
- Reapply To Programs
- Payment History
- Assignments Checklist
- SOAP Assignments Checklist
- Assignments Report

Flora Simmons

AAMC ID 21196691

credited residency



Searching for Programs during SOAP

Search Programs

ERAS 2025 Season - Residency



Flora Simmons

AAMC ID 21196691

[? Help](#)

Search Programs

Saved Programs

Programs Applied To

Reapply To Programs

Payment History

Assignments Checklist

SOAP Assignments Checklist

Assignments Report

* Select a Specialty

Select specialty

Select a State

Select state

Select a Program

Select program

Search By Accreditation ID

Search by Accreditation ID



* Accreditation ID

Enter Accreditation ID / NRMP Program Code

CANCEL

SEARCH



Saving Programs in MyERAS during SOAP

Search Programs

1

Saved Programs

Programs Applied To

Reapply To Programs

Payment History

Assignments Checklist

SOAP Assignments Checklist

Assignments Report

You have applied to 0 of your 45 SOAP Programs maximum.

2

i

You are SOAP eligible and can only apply to ACGME programs participating in SOAP. The search results have been limited to SOAP programs as of the latest NRMP offer round. You may resume normal activity within MyERAS at 8:00 AM on Thursday, May 15, 2025
SOAP Programs as of: 01/14/2025 4:12 PM ET

Internal Medicine

Select Internal Medicine programs may participate in program signaling (3 gold and 12 silver signals). For more information please visit: [ERAS application webpage](#), [AAIM IM Structured Evaluative Letter](#), [AAIM Recommendations on IM tiered Program Signals](#), [AAIM Guidance on Residency Interviewing](#), [AAIM UME – GME Transition Individualized Learning Plan \(ILP\)](#), [AAIM Recommendations to Promote Inclusion and Equity in the Interview Season](#).

Members of the GSA, Careers in Medicine, and Organization of Program Director Associations (OPDA) are collaborating in an effort to increase transparency in the residency application process through use of a Residency Guide template for each specialty. See guidance template here: [Alliance-of-Academic-Internal-Medicine-AAIM_Program-Directors-Association-Guide-for-Residency-Applicants-06.2024.pdf \(cmss.org\)](#).

Posted: July 22, 2024

*Select a Specialty

Internal Medicine

Select a State

Select state

Select a Program

Select program

Search By Accreditation ID

Filter by Training Type

View All

Filter by Visa Support

View All

☐ Osteopathic Recognition

Application Cycle: September

i

Eligible for Reapply

This icon indicates that a program is eligible for reapply during SOAP. Please navigate to the [Reapply to Programs](#) page to reapply to these programs.

Search

SHOW ROWS

SAVE PROGRAMS (0 PROGRAMS)

4

Applying to Programs in MyERAS during SOAP

Search Programs

Saved Programs ¹

Programs Applied To

Reapply To Programs

Payment History

Assignments Checklist

SOAP Assignments Checklist

Assignments Report

Saved Programs - Internal Medicine

SOAP Programs

- Click the program name to view program information or to manage your training selection(s) for a program.
- Use the menu items in the Action column to assign documents to a program or to delete a program from your Saved Programs list.
- To apply to program(s) or preview an invoice, mark the checkbox(es) to select each program, and then click *Apply/Preview Invoice*.

Non SOAP Programs

- Select *Delete* in the Action column for a program that you want to remove from your Saved Programs list.

*Select a Specialty

Internal Medicine (1 Saved) x

You have applied to 0 of your 45 SOAP Programs maximum.

SOAP Programs

Q Search

COLLAPSE ROWS ⁴

+ ADD PROGRAMS

APPLY (1 PROGRAMS)

³ <input checked="" type="checkbox"/>	Program Name [↑]	Specialty ^{↓↑}	City ^{↓↑}	State ^{↓↑}	Actions
<input checked="" type="checkbox"/>	Gundersen Lutheran Medical Foundation Program	Internal Medicine	La Crosse	Wisconsin	
Accreditation ID: 1405612442 Residency Explorer					
Internal Medicine - Categorical NRMP Program Code: 1774140C0					

Total Items: 1

Items per page: 10 Page 1 of 1

Non-SOAP Programs ⁵

You are SOAP eligible and therefore may only apply to SOAP programs

Residency Explorer Tool™

Search Programs

Saved Programs ¹

Programs Applied To

Reapply To Programs

Payment History

Assignments Checklist

SOAP Assignments Checklist

Assignments Report

Saved Programs - Internal Medicine

SOAP Programs

- Click the program name to view program information or to manage your training selection(s) for a program.
- Use the menu items in the Action column to assign documents to a program or to delete a program from your Saved Programs list.
- To apply to program(s) or preview an invoice, mark the checkbox(es) to select each program, and then click *Apply/Preview Invoice*.

Non SOAP Programs

- Select *Delete* in the Action column for a program that you want to remove from your Saved Programs list.

*Select a Specialty

Internal Medicine (1 Saved) x

You have applied to 0 of your 45 SOAP Programs maximum.

SOAP Programs

Q Search

COLLAPSE ROWS ⁴

+ ADD PROGRAMS

APPLY (1 PROGRAMS)

<input checked="" type="checkbox"/>	Program Name ³	Specialty ²	City	State	Actions
<input checked="" type="checkbox"/>	Gundersen Lutheran Medical Foundation Program	Internal Medicine	La Crosse	Wisconsin	
Accreditation ID: 14056124-02 Residency Explorer					
Internal Medicine - Categorical - NRMP Program Code: 1774140C0					

Total Items: 1

Items per page: 10 Page 1 of 1

Non-SOAP Programs ⁵

You are SOAP eligible and therefore may only apply to SOAP programs

Visit residencyexplorer.org:

Residency Explorer™ Tool

Home

My Profile

Explore

Refine By:

Location

Visas Accepted or Sponsored

Osteopathic Recognized

Special Tracks

Type of Positions Available

Clear Filters

Compare

Logout

AboutDataHelpFAQEdit Log

Change Specialty: Internal MedicineGo

Explore Programs

Data reflect statistics for the entire program, not a specific track (e.g., preliminary, categorical). Use caution when interpreting results. Data are limited to the previous cycle only and may be based on small sample sizes. Data may not generalize to future cycles. Learn more about appropriate data interpretation and use by reviewing the [Residency Explorer guidance resources](#). Residency programs may periodically update or remove their interview information to maintain accuracy. Before finalizing your application, please check back to ensure you have the most current interview details.

Search Program Name:

Compare Programs

Filters:

Display Applicant Type(s):

MD xDO xUS IMG xNon-US IMG x

1 to 50 of 649 results for Programs

Sorted by: Compare, My Profile Alignment, Program

Clear Compare List

Compare	My Profile Alignment	Program	% of 2024 Applicants Invited to Interview (Interview Rate)						City	State	Region
			In-State School	Out-of-State School	MD	DO	US IMG	Non-US IMG			
<input checked="" type="checkbox"/>	1/1	Baptist Health South Florida Program	-	-	-	-	-	-	Miami	FL	South Atlantic
<input checked="" type="checkbox"/>	1/1	Baylor College of Medicine Program	34%	10%	23%	3%	1%	1%	Houston	TX	West South Central
<input type="checkbox"/>	1/1	Albany Medical Center Program	19%	3%	12%	8%	2%	3%	Albany	NY	Middle Atlantic
<input type="checkbox"/>	1/1	Arrowhead Regional Medical Center Program	28%	5%	12%	20%	2%	0%	Colton	CA	Pacific
<input type="checkbox"/>	1/1	Beth Israel Deaconess Medical Center Program	51%	15%	24%	0%	1%	1%	Boston	MA	New England
<input type="checkbox"/>	1/1	Boston University Medical Center Program	39%	9%	18%	0%	1%	0%	Boston	MA	New England
<input type="checkbox"/>	1/1	Brown University Program	98%	25%	39%	3%	2%	2%	Providence	RI	New England
<input type="checkbox"/>	1/1	Carilion Clinic-Virginia Tech Carilion School of Medicine Program	53%	23%	46%	32%	0%	0%	Roanoke	VA	South Atlantic
<input type="checkbox"/>	1/1	Case Western Reserve University/University Hospitals Cleveland Medical Center Program	62%	11%	31%	3%	5%	5%	Cleveland	OH	East North Central

THE MATCH
NATIONAL RESIDENT MATCHING PROGRAM®

ERAS | **THE FUTURE**
IN **FOCUS**

Viewing Payment Information in MyERAS during SOAP

Payment Information - Invoice

[View Past Invoice](#)

Program Name	Specialty
Gundersen Lutheran Medical Foundation Program	Internal Medicine

[View SOAP Processing Fees and Tax](#)

1

Program Application Fee:	\$0.00
Subtotal:	\$0.00
i Tax: Where applicable, will be calculated at checkout.	
Estimated Total:	\$0.00

Note: Applicants are instructed to research program accreditation and participation status, requirements, and deadlines before applying to any program. ERAS will not grant refunds for instances such as applying to programs that are closed or no longer accepting applications.

* Payment Acknowledge

2

☒ I accept and acknowledge the [ERAS Payment Policy](#).

3

After this transaction you will have 44 programs of your 45 SOAP programs remaining.

4

CANCEL

CONTINUE



Re-applying to Programs in MyERAS during SOAP

Search Programs

Saved Programs

Programs Applied To

Reapply To Programs

Payment History

Assignments Checklist

SOAP Assignments Checklist

Assignments Report

- Click a program name to view their program information and to manage your training selections for that program.
- Select *Assign Documents* in the Action column for a program to assign documents to that program.
- To reapply to program,
 1. Mark the checkbox for the training(s) you are interested in.
 2. A checkbox will appear in the column to the left of the program name. Mark the checkbox for that program.
 3. Repeat steps 1-2 as needed for each program you wish to reapply to.
 4. Then click *Reapply/Preview Invoice*.

You have applied to 5 of your 45 SOAP Programs maximum.

Search

COLLAPSE ROWS

REAPPLY TO PROGRAMS (0 PROGRAMS)



Program Name ↑

Specialty ↓↑

City ↓↑

State ↓↑

Action



[Baylor University Medical Center Program](#)

Please select one or more SOAP-eligible training(s) to Reapply for this program

Dermatology

Dallas

Texas



Accreditation ID: 0804813142 [Residency Explorer](#)



Dermatology - Advanced - NRMP Program Code: 1706080A0 - Applied 05/14/2024 10:48 AM ET

PGY-2 Specialty interest(s):

Assigning and Sending Documents in MyERAS during SOAP

Just like during the regular season, applicants will need to assign documents to programs they apply to.

For USMLE and COMLEX-USA transcript requests:

- NBME, NBOME, and the ECFMG understand the need for expediency during this time and work to resolve these requests as quickly as possible before and throughout SOAP.
- **Tip:** Applicants can keep track of Transcripts' statuses in the Additional Documents section



Assigning and Sending Documents in MyERAS during SOAP

[Dashboard](#) [Application](#) [Documents](#) [Programs](#) [Message Center \(10\)](#) [Thalamus](#)

Personal Statements

ERAS 2025 Season - Residency

[Help](#)

Personal Statements

Letters of Recommendation

Additional Documents

Personal statements may be used to personalize your application with any additional information not collected in the application. This statement should reflect your personal perspective and experiences accurately and must be your own work and not the work of another author. You may create as many personal statements as needed, but only one may be assigned to each program. Please review the allowable formatting detailed in the user guide. As a reminder, please only copy and paste plain text into the text editor.

+ CREATE NEW

Title	Status	Actions
Personal Statement	<div>Saved - 07/16/2024</div>	<div><div>EDIT</div><div>VIEW / PRINT</div><div>ASSIGN</div><div>DELETE</div></div>

Assigning Personal Statements in MyERAS during SOAP

Assign Personal Statement "Personal Statement"

You are participating in SOAP and therefore may assign documents only to SOAP programs.

SOAP Programs

	Program Name ↑	Specialty ↓↑	Training(s) Selected ↓↑	Status ↓↑	Assigned Personal Statement ↓↑
1	<input type="checkbox"/>				
	Advocate Health Care (Advocate Illinois Masonic Medical Center) Program	Anesthesiology	Anesthesiology NRMP Program Code: 1137040C0 (Categorical)	Saved	
	<input type="checkbox"/>				
	Gundersen Lutheran Medical Foundation Program	Internal Medicine	Internal Medicine NRMP Program Code: 1774140C0 (Categorical)	Saved	

Non-SOAP Programs

	Program Name	Specialty	Training(s) Selected	Status	Assigned Personal Statement
			Emergency Medicine I		

CANCEL
2
3
SAVE

Assigning and Sending Documents in MyERAS during SOAP

Letters Of Recommendation ERAS 2025 Season - Residency



Flora Simmons

AAMC ID 21196691

[? Help](#)

[Personal Statements](#)

[Letters of Recommendation](#)

[Additional Documents](#)

In order for an LoR Author to upload a letter on your behalf, you **MUST** complete the following steps for **each** LoR that you intend to use during the application season.

1. Click **Add New** to enter and save LoR information.
2. Confirm the LoR entry by marking the associated checkbox and selecting *Only checked* in the Confirm drop down list.
Note: You may only edit and/or delete a LoR entry prior to confirming.
3. Select *Download Letter Request* or *Email Letter Request* in the associated Action column to provide your LoR Author with the form.

[+ ADD NEW](#)

[CONFIRM](#)

<input type="checkbox"/>	LoR Information	Specialty	Letter ID	Status	Actions
<input type="checkbox"/>	Professor Albus Dumbledore - example	DC	12JDA4MKF7	✓ Imported - 05/03/2024	⋮
<input type="checkbox"/>	Cedric Diggory - MD- PHD	Internal Med	12JDA4MJF6	✓ Imported - 05/03/2024	⋮
<input type="checkbox"/>	Minerva McGonagall - PhD	Emergency Medicine	13JFGGB9E8	✓ Uploaded - 05/20/2024	⋮

Assign

Download Letter Request

Email Letter Request

Assigning Letters of Recommendation in MyERAS during SOAP

Assign a Letter of Recommendation: Professor Albus Dumbledore - example

Specialty:

You are participating in SOAP and therefore may assign documents only to SOAP programs.

SOAP Programs

<input type="checkbox"/> 1	Program Name ↑	Specialty ↓↑	Training(s) Selected ↓↑	Status ↓↑	LoRs Assigned ↓↑ 3
<input type="checkbox"/>	Advocate Health Care (Advocate Illinois Masonic Medical Center) Program	Anesthesiology	Anesthesiology NRMP Program Code: 1137040C0 (Categorical) Anesthesiology NRMP Program Code: 1137040R0 (Reserved for Physician Only)	Saved	0
<input type="checkbox"/>	Gundersen Lutheran Medical Foundation Program	Internal Medicine	Internal Medicine NRMP Program Code: 1774140C0 (Categorical)	Saved	0

Non-SOAP Programs

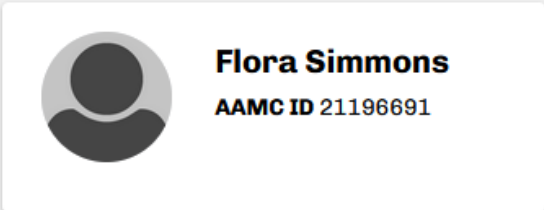
Program Name	Specialty	Training(s) Selected	Status	LoRs Assigned
		Emergency		

CANCEL 2 SAVE

Assigning and Sending Documents in MyERAS during SOAP

Additional Documents

ERAS 2025 Season - Residency▼

[? Help](#)

[Personal Statements](#)
[Letters of Recommendation](#)
[Additional Documents](#)

Document	Status	Actions
USMLE Transcript <small>There is a one-time processing fee of \$80 for USMLE transcripts.</small>	✓ Authorized - 07/16/2024 ⓘ View USMLE Requests Status Report.	ACTIONS ▼
Medical Student Performance Evaluation (MSPE)	✓ Uploaded - 07/16/2024 ⓘ	No Action Required ⓘ
Medical School Transcript	✓ Uploaded - 07/16/2024 ⓘ	No Action Required ⓘ
Photo	ⓘ Not Uploaded	ACTIONS ^ <div>Assign Upload New Photo</div>

SOAP® 2025: ERAS® Schedule

MONDAY MARCH 17

7:30 a.m. ET
Applicants: MyERAS system closes
Programs: PDWS closes
Schools: DWS closes

11 a.m. ET
Applicants: MyERAS system opens for SOAP (SOAP applicants have 45 applications starting now through Thursday, at 9 p.m. ET)
Schools: DWS opens

TUESDAY MARCH 18

8 a.m. ET
Programs: PDWS opens (Except ACGME residency programs that filled in the Main Match or elected to not participate in SOAP)

11:30 a.m. ET
Programs: Can begin creating preference list in NRMP R3 system

WEDNESDAY MARCH 19

All Day
Applicants continue applying to programs

Programs continue reviewing applications in the PDWS and updating preference lists in the NRMP R3 system

THURSDAY MARCH 20

9-11 a.m. ET
NRMP SOAP Round 1

12-2 p.m. ET
NRMP SOAP Round 2

3-5 p.m. ET
NRMP Soap Round 3

6-8 p.m. ET
NRMP SOAP Round 4

9 p.m. ET
SOAP ends; ERAS system resumes normal operations
Programs: PDWS is open for all programs

NRMP releases unfilled program list to applicants

NRMP releases confidential roster of matched applicants to programs

FRIDAY MARCH 21

Match Day

12 p.m. ET
School ceremonies begin

Applicants: Find out where they matched through the NRMP R3 system and email



Note: Fully matched programs participating in the Main Residency Match will not have access to the PDWS until after SOAP (Thursday, March 20, 9 p.m. ET).

Navigating SOAP for Obstetrics & Gynecology Applicants

Maya Hammoud, MD, MBA
J. Robert Willson Research Professor
Chief, Division of Women's Health

Director, Program on Research, Innovation, and Development in Education
Professor of Obstetrics and Gynecology and Learning Health Sciences
University of Michigan Medical School

Objectives

- Applying to open OBGYN position through the ResidencyCAS system.
- Preparing to apply through ERAS in case unmatched into OBGYN

OBGYN Match

- OBGYN is a competitive specialty
- In the last 5 years, only 3-6 categorical positions remained open in OBGYN after the main Match for SOAP
- We recommend applicants be prepared in case they do not match

Overall Timeline for SOAP for OBGYN Applicants

- Now:
 - All OBGYN applicants obtain an ERAS token and login into MyERAS if they have not already done so
- Pre-Match:
 - For high-risk applicants (who have not dual applied already) i.e. applicants with low number of interviews, who do not interview well, or with red flags in their application
 - Fill out ERAS application
 - Upload MSPE and transcript
 - Request USMLE/COMLEX scores
 - Request LORs

Monday March 17th, 2025

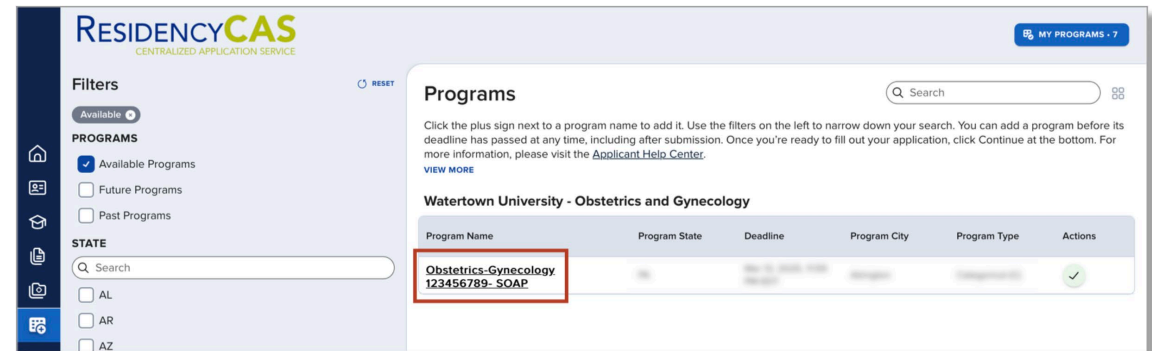
- Results available at 10:00 am ET
- Matched applicants---Congratulations!!
- Unmatched and wish to SOAP
 - Can begin preparing application at 11:00 am ET
 - OBGYN spots available and wish to apply to OBGYN: ResidencyCAS
 - Wish to apply to another specialty: ERAS
 - If ERAS application already filled: regular process
 - If ERAS not filled
 - Fill out ERAS application
 - Upload MSPE and transcript
 - Request USMLE/COMLEX scores
 - Request LORs

Applying to SOAP Through ResidencyCAS

Key Milestones	Date
Applicants can begin applying for SOAP through ResidencyCAS. Important Note: programs will not have access to any applications in the ResidencyCAS Program Portal throughout the day.	Monday, March 17, 2025 at 11:00 AM ET
Programs can begin reviewing SOAP applications in the ResidencyCAS Program Portal and conducting interviews with applicants; interview processes may vary by program.	Tuesday, March 18, 2025 at 8:00 AM ET
SOAP offer rounds begin. Programs extend offers to applicants, and applicants must accept or decline within the allotted time.	Thursday, March 20, 2025
All SOAP programs close – applications will no longer be accepted.	Thursday, March 20, 2025 at 9:00 PM ET

Applying to SOAP Through ResidencyCAS

- Applying to programs similar to the regular cycle
- Only SOAP eligible programs appear
- May apply up to 45 programs
- No additional cost to applicants already in ResidencyCAS
- May upload new letters (not required)



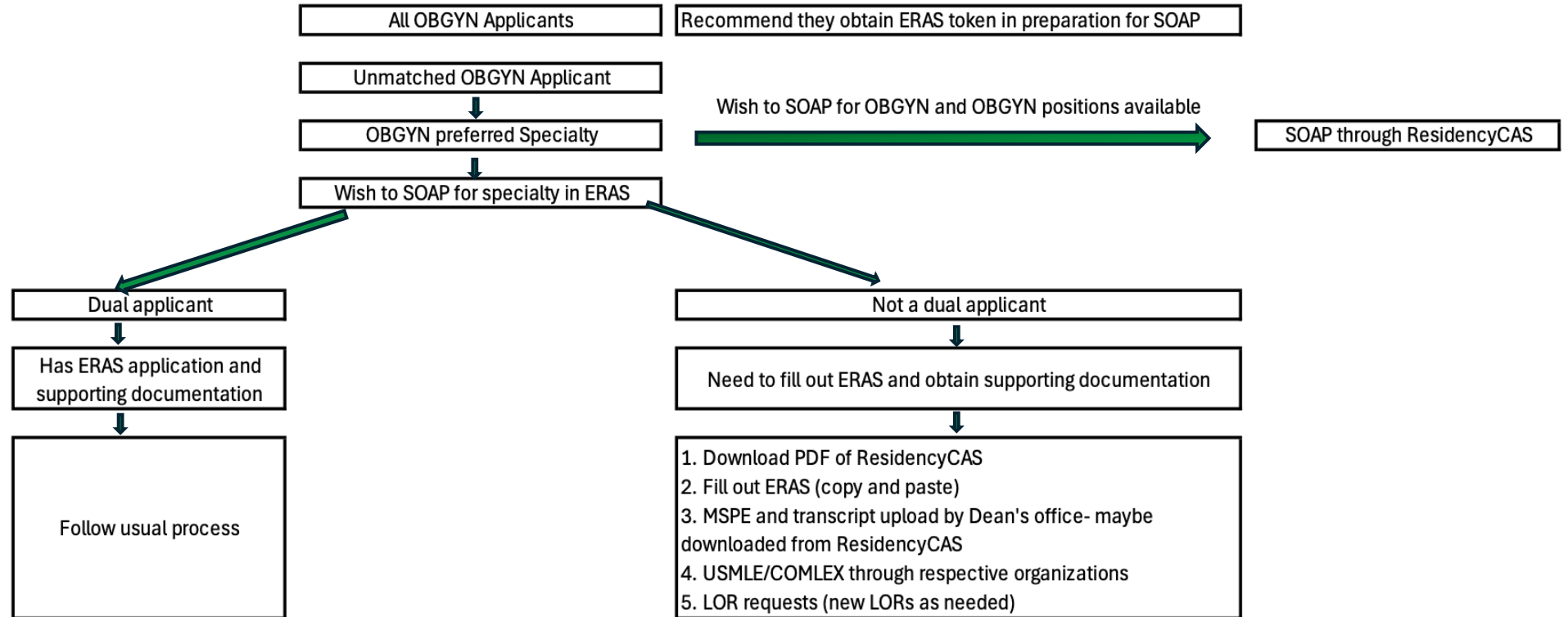
Applying to SOAP Through ERAS

- Applying to programs similar to the regular cycle
- Cost \$99 for new applicants who do not already have ERAS applications
- May apply up to 45 programs (in addition to the programs applied to in ResidencyCAS if applicable)
- Download PDF of ResidencyCAS (preferable turn it into Word for easy copy and paste to ERAS)
- Dean's office upload MSPE and transcript
- USMLE/COMLEX through respective organizations
- LORs maybe be utilized from ResidencyCAS or new ones requested

LOR Process for EXISTING letters in ResidencyCAS

- Applicants enter LOR request in MyERAS and generate the letter request form (same as regular season)
- The applicant will then download and share or email the letter request form with their advisor who has access to Medical School Portal
- Advisors create a LORP account (if they don't already have one)
- Advisors can upload the PDF letter that was downloaded from ResidencyCAS

Summary: SOAP for OBGYN Applicants



Assisting Unmatched Students During SOAP Week

- Step-by-Step Guide is provided to assist with SOAP through ResidencyCAS: https://help.liaisonedu.com/ResidencyCAS_Applicant_Help_Center/SOAP
- RRR Navigating SOAP Webinar, Slides and Guide: <https://apgo.org/page/rrrwebinars>
- Students may apply to SOAP both through ResidencyCAS and ERAS simultaneously if they wish to continue to apply to OBGYN and other specialties. Each application allows up to 45 programs independently
- NRMP Listserv will be available for help with representation from ResidencyCAS

FAQs

- Do I have to pay for USMLE/COMLEX transcripts requests in ERAS if I already paid through ResidencyCAS?
 - Applicants will be reimbursed those fees back from their respective organizations if had to pay again during SOAP week
- If I am not able to SOAP into an OBGYN program this year and I plan to apply again next year, does it matter what position I start or what prelim position I take this year?
 - Most OBGYN program directors recommend a surgery prelim year if you wish to apply to OBGYN again
- Do I need new letters of recommendations if I want to SOAP into OBGYN? Into other specialties?
 - You do not need new LORs if you plan to SOAP into OBGYN. It is recommended if you plan to SOAP into other specialties.

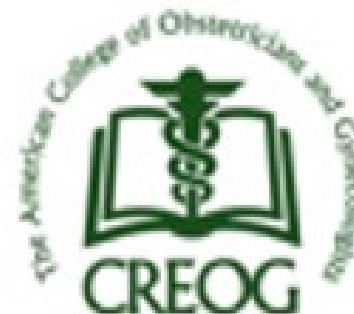


ACOG

The American College of
Obstetricians and Gynecologists



RIGHT RESIDENT
RIGHT PROGRAM
READY DAY ONE



Do I need to fill out another application?

Applicants at risk of going unmatched who have applied during the regular season only through Central Application or ResidencyCAS should:

- Complete an ERAS application in advance of SOAP if they intend to apply to unfilled positions in other specialties

Applicants at risk of going unmatched who have applied during the regular season only through ERAS should:

- Complete a ResidencyCAS application in advance of SOAP if they intend to apply to any unfilled positions in Ob/Gyn
- Complete a Central Application in advance of SOAP if they intend to apply to any unfilled positions in Plastic Surgery

After Applying

Tuesday, March 18 at 8:00 AM, ET

- Programs can begin reviewing applications and contacting applicants, usually via phone or email
- Applicants (or their representatives) cannot contact programs until a program contacts them in response to their application

Tuesday, March 18 and Wednesday, March 19

- Applicants should be available for communication and interviews



How programs review applications, contact applicants, and conduct interviews is up to the programs

Offer Rounds Thursday, March 20

Round 1

9:00 – 11:00 a.m. ET

9:00 a.m.

Applicants receive offers

11:00 a.m.

Applicant deadline to accept or reject offers

Round 2

12:00 - 2:00 p.m. ET

12:00 p.m.

Applicants receive offers

2:00 p.m.

Applicant deadline to accept or reject offers

Round 3

3:00 – 5:00 p.m. ET

3:00 p.m.

Applicants receive offers

5:00 p.m.

Applicant deadline to accept or reject Round 3 offers

Round 4

6:00 – 8:00 p.m. ET

6:00 p.m.

Applicants receive offers

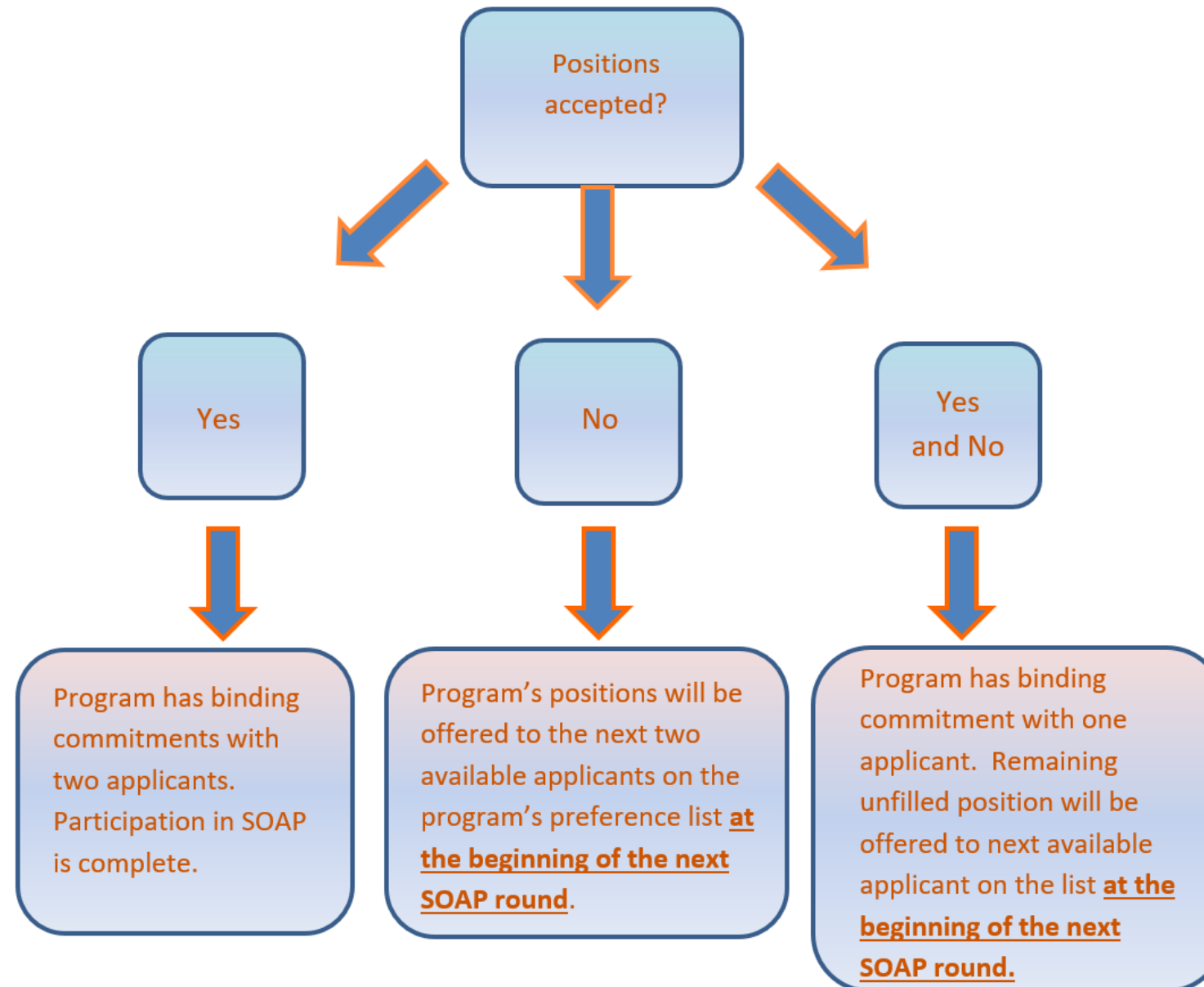
8:00 p.m.

Applicant deadline to accept or reject Round 4 offers

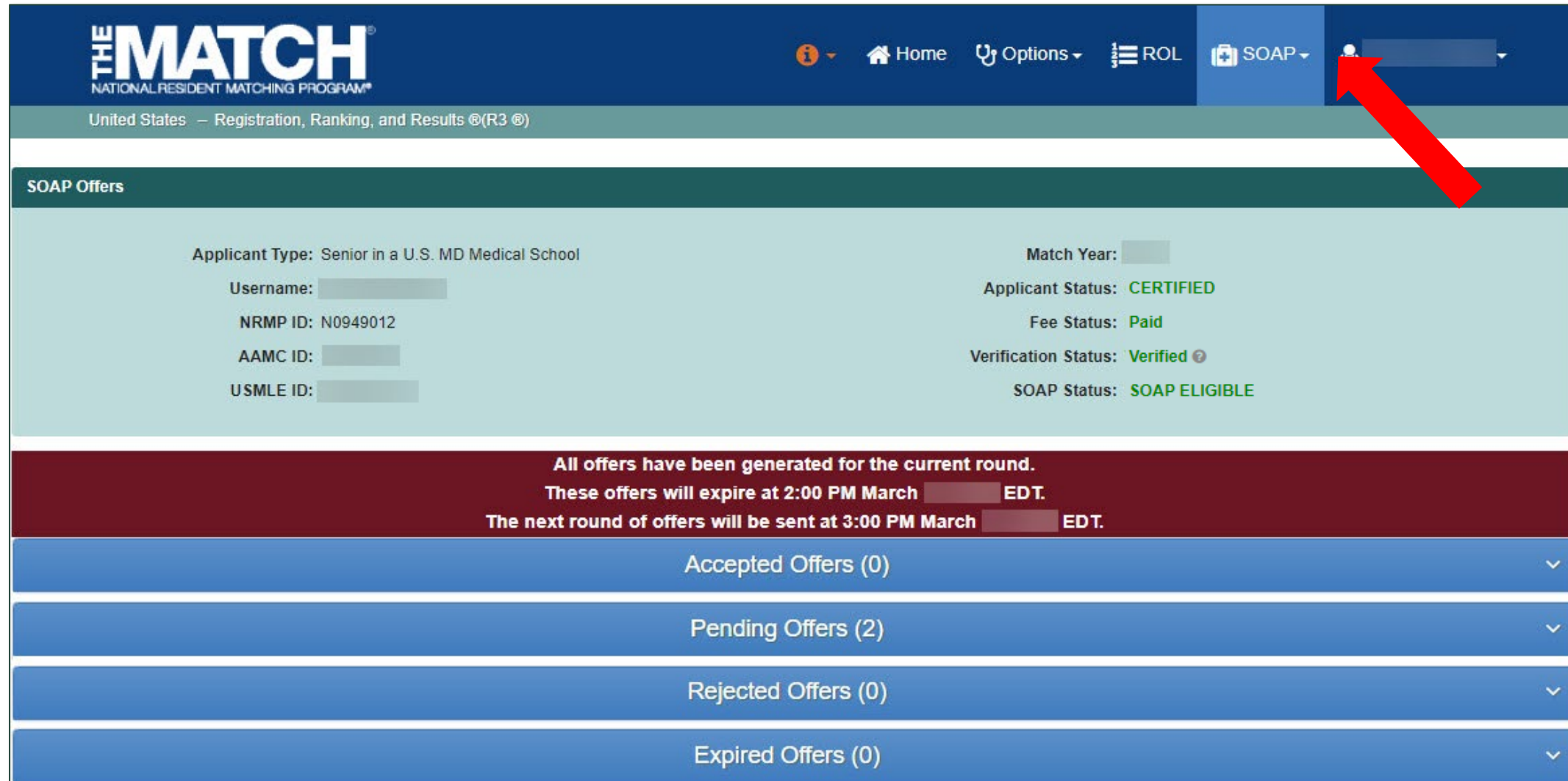
How SOAP Rounds Work



How SOAP Rounds Work



Viewing and Accepting SOAP Offers



THE MATCH
NATIONAL RESIDENT MATCHING PROGRAM®

United States – Registration, Ranking, and Results ®(R3 ®)

Home Options ROL SOAP

SOAP Offers

Applicant Type: Senior in a U.S. MD Medical School

Match Year:

Username:

Applicant Status: **CERTIFIED**

NRMP ID: N0949012

Fee Status: **Paid**

AAMC ID:

Verification Status: **Verified** ?

USMLE ID:

SOAP Status: **SOAP ELIGIBLE**

All offers have been generated for the current round.
These offers will expire at 2:00 PM March EDT.
The next round of offers will be sent at 3:00 PM March EDT.

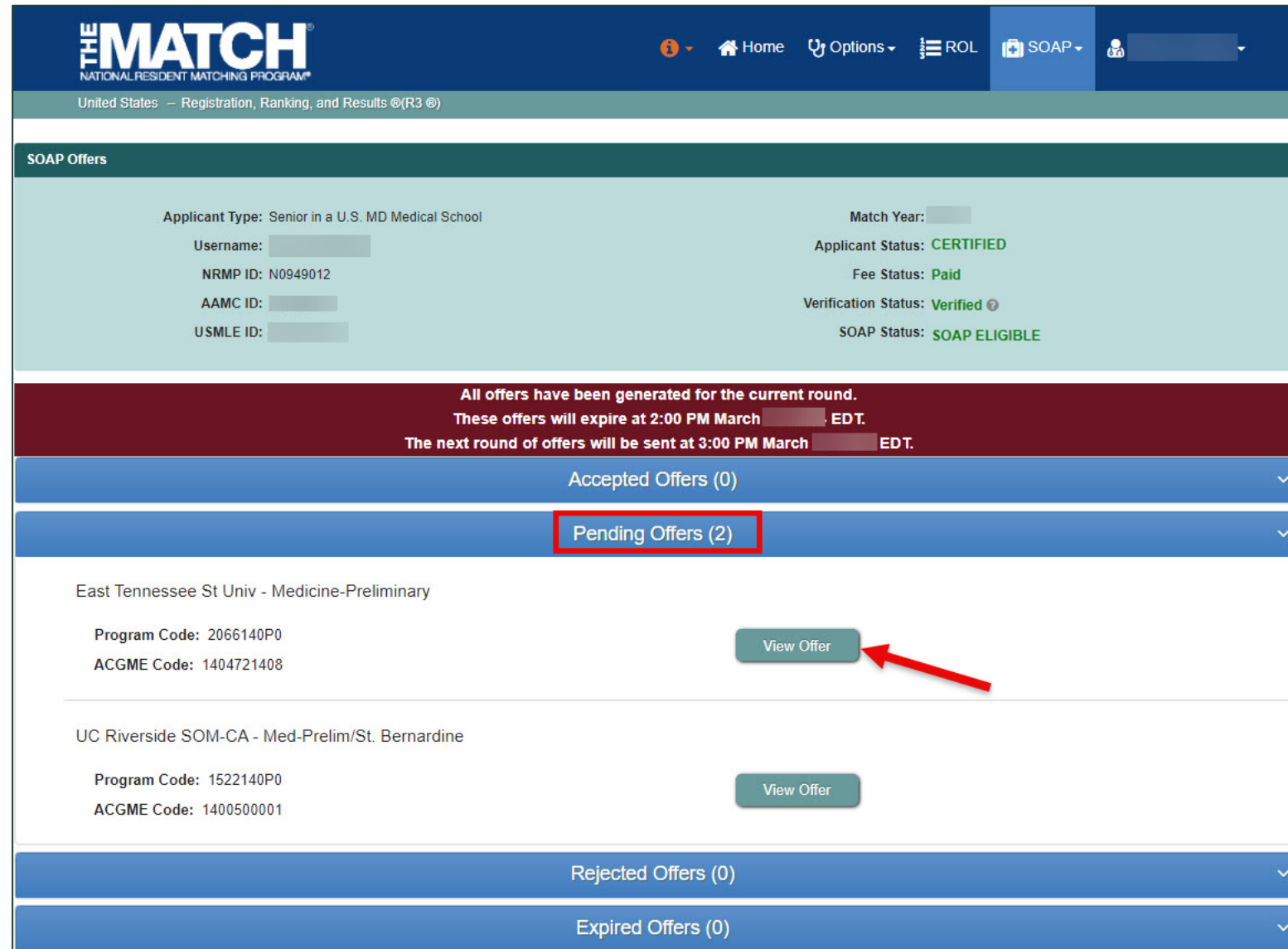
Accepted Offers (0)

Pending Offers (2)

Rejected Offers (0)

Expired Offers (0)

Viewing and Accepting SOAP Offers



THE MATCH
NATIONAL RESIDENT MATCHING PROGRAM®

United States — Registration, Ranking, and Results @ (R3 @)

SOAP Offers

Applicant Type: Senior in a U.S. MD Medical School

Match Year:

Username:

NRMP ID: N0949012

AAMC ID:

USMLE ID:

Applicant Status: **CERTIFIED**

Fee Status: **Paid**

Verification Status: **Verified** ⓘ

SOAP Status: **SOAP ELIGIBLE**

All offers have been generated for the current round.
These offers will expire at 2:00 PM March EDT.
The next round of offers will be sent at 3:00 PM March EDT.

Accepted Offers (0) ▾

Pending Offers (2) ▾

East Tennessee St Univ - Medicine-Preliminary

Program Code: 2066140P0

ACGME Code: 1404721408

[View Offer](#)

UC Riverside SOM-CA - Med-Prelim/St. Bernardine

Program Code: 1522140P0

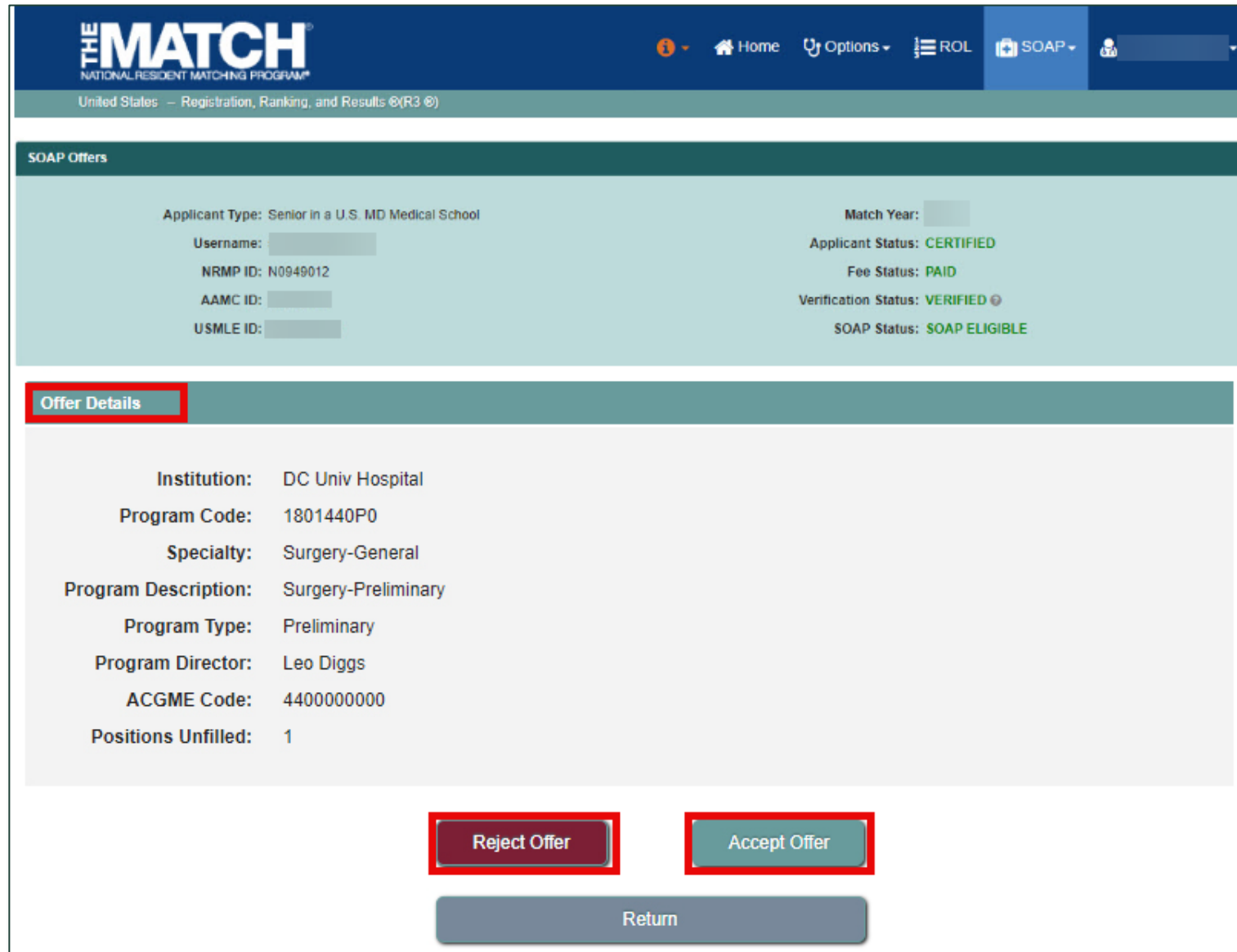
ACGME Code: 1400500001

[View Offer](#)

Rejected Offers (0) ▾

Expired Offers (0) ▾

Viewing and Accepting SOAP Offers



The screenshot shows the 'SOAP Offers' page on The Match website. The header includes the 'THE MATCH' logo and navigation links for Home, Options, ROL, SOAP, and a user profile. Below the header, a breadcrumb trail reads 'United States - Registration, Ranking, and Results ©(R3 ©)'. The main content area is titled 'SOAP Offers' and displays applicant information on the left and status on the right. The applicant is a 'Senior in a U.S. MD Medical School' with a 'Match Year' of 2012. Their 'Applicant Status' is 'CERTIFIED', 'Fee Status' is 'PAID', 'Verification Status' is 'VERIFIED', and 'SOAP Status' is 'SOAP ELIGIBLE'. Below this, the 'Offer Details' section is highlighted with a red box. It lists the following information: Institution: DC Univ Hospital, Program Code: 1801440P0, Specialty: Surgery-General, Program Description: Surgery-Preliminary, Program Type: Preliminary, Program Director: Leo Diggs, ACGME Code: 4400000000, and Positions Unfilled: 1. At the bottom, there are three buttons: 'Reject Offer' (highlighted with a red box), 'Accept Offer' (highlighted with a red box), and a 'Return' button.

THE MATCH
NATIONAL RESIDENT MATCHING PROGRAM®

United States - Registration, Ranking, and Results ©(R3 ©)

SOAP Offers

Applicant Type: Senior in a U.S. MD Medical School

Match Year: 2012

Username: [REDACTED]

NRMP ID: N0949012

AAMC ID: [REDACTED]

USMLE ID: [REDACTED]

Applicant Status: **CERTIFIED**

Fee Status: **PAID**

Verification Status: **VERIFIED** ⓘ

SOAP Status: **SOAP ELIGIBLE**

Offer Details

Institution: DC Univ Hospital

Program Code: 1801440P0

Specialty: Surgery-General

Program Description: Surgery-Preliminary

Program Type: Preliminary

Program Director: Leo Diggs

ACGME Code: 4400000000

Positions Unfilled: 1

Reject Offer **Accept Offer**

Return

Post-SOAP

The 4th and final offer round ends at 8:00 p.m. ET.

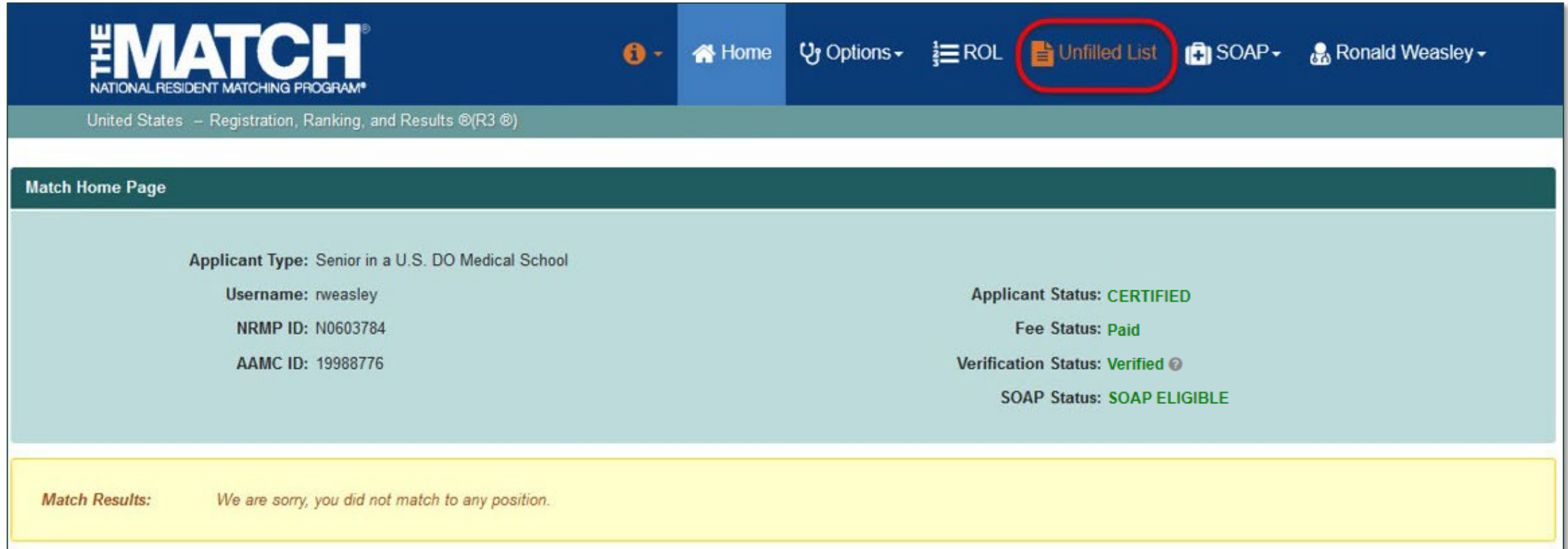
SOAP concludes at 9:00 p.m. ET on Thursday, March 20. Applicants can begin contacting programs

All applicants who remain unmatched or partially matched will have access to the *List of Unfilled Programs*, updated with programs that chose not to participate in SOAP

The *List* is dynamic, and programs can update the number of remaining unfilled positions as they are filled

After the release, no additional positions are added to the *List*

Post-SOAP Unfilled Programs List



The screenshot shows the top navigation bar of The Match website. The 'Unfilled List' link, represented by a document icon, is circled in red. Other navigation items include Home, Options, ROL, SOAP, and a user profile for Ronald Weasley. Below the navigation bar, a breadcrumb trail reads 'United States - Registration, Ranking, and Results @R3 @'. The main content area is titled 'Match Home Page' and displays applicant information for a 'Senior in a U.S. DO Medical School'. The applicant's status is 'CERTIFIED', fee status is 'Paid', verification status is 'Verified', and SOAP status is 'SOAP ELIGIBLE'. A yellow banner at the bottom states: 'Match Results: We are sorry, you did not match to any position.'

THE MATCH
NATIONAL RESIDENT MATCHING PROGRAM®

United States – Registration, Ranking, and Results @R3 @

Match Home Page

Applicant Type: Senior in a U.S. DO Medical School

Username: rweasley

NRMP ID: N0603784

AAMC ID: 19988776

Applicant Status: CERTIFIED

Fee Status: Paid

Verification Status: Verified ?

SOAP Status: SOAP ELIGIBLE

Match Results: We are sorry, you did not match to any position.

Post-SOAP Unfilled Programs List

THE MATCH
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United States — Registration, Ranking, and Results @R3 @)

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Unfilled List

Specialty	Unfilled Programs	Unfilled Positions
Anesthesiology - R	1	1
Child Neurology - A	3	3
Child Neurology - C	1	1
Child Neurology - R	6	6
Emergency Medicine - C	3	4
Internal Medicine - P	1	4
Neurodevelopmental Disabilities - A	1	2
Neurodevelopmental Disabilities - R	1	1
Neurology - R	1	1
Nuclear Medicine - A	1	1
Osteopathic Neuromusculoskeletal Medicine - R	1	1
Radiation Oncology - A	6	7
Radiology-Diagnostic - A	5	7
Radiology-Diagnostic - R	2	3
Surgery-General - P	1	2
Thoracic Surgery - C	1	1

35 program(s) found with 45 currently unfilled position(s)

Program Type Legend

C = Categorical programs that begin in the PGY-1 year and provide the full training required for specialty board certification.

P = Preliminary one-year programs that begin in the PGY-1 year and provide prerequisite training for advanced programs.

A = Advanced programs that begin in the PGY-2 year after a year of prerequisite training.

R = Physician reserved programs for physicians who have had prior graduate medical education. Reserved programs offer PGY-2 positions that begin in the year of the Match and thus are not available to senior medical students.

M = Categorical programs in primary care medicine and primary care pediatrics that begin in the PGY-1 year and provide the full training required for specialty board certification.

Match Day!

Friday, March 21

12:00 p.m. Medical school Match Day ceremonies.

Applicant Match results available

Advance Data Tables available



2024 Main Residency Match By The Numbers

Positions

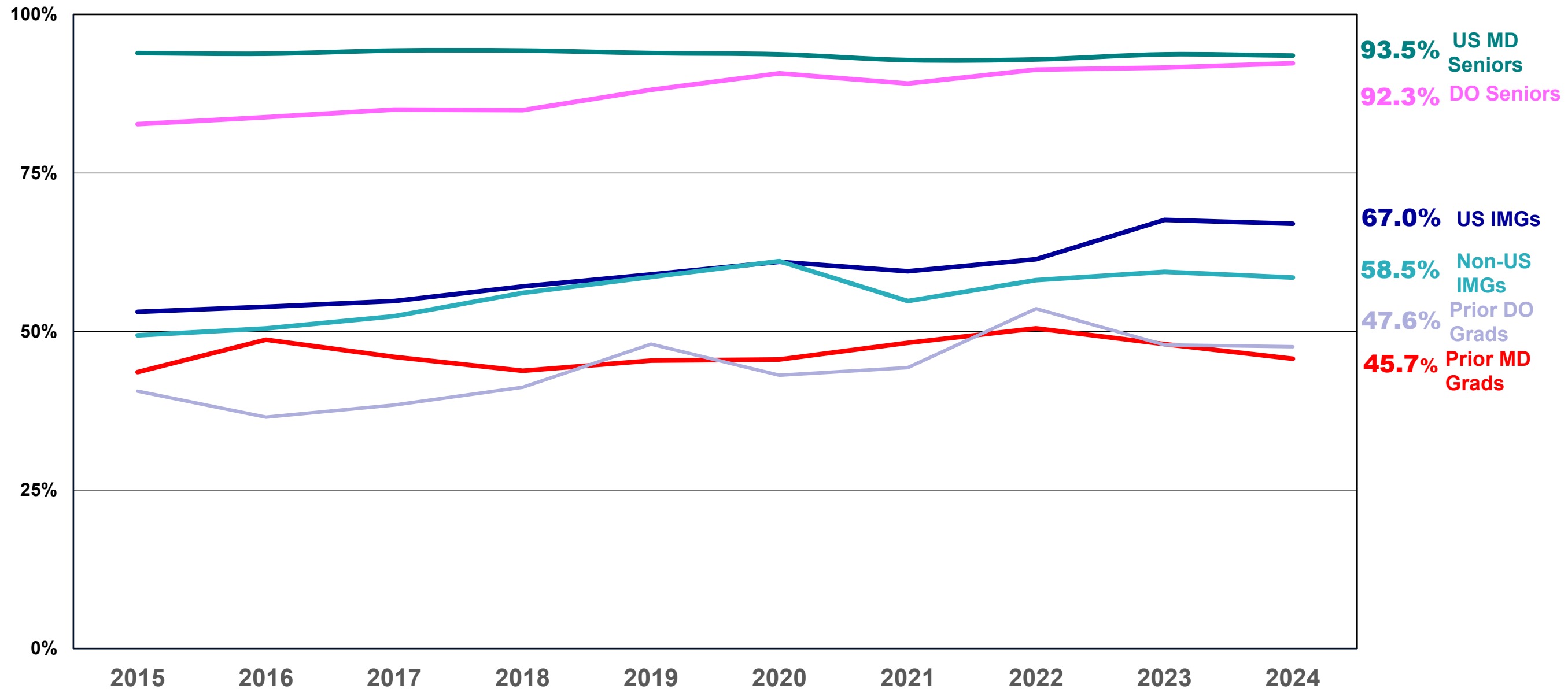
Total Positions:	41,503	↑ 1,128	2.8% from 2023
Positions Filled:	38,491	↑ 1,251	3.3% from 2023
Unfilled Positions:	2,562	↓ 123	4.6% from 2023

Applicants

Registered:	50,413	↑ 2,257	4.7% from 2023
Active:	44,853	↑ 1,901	4.4% from 2023
Matched PGY-1:	35,984	↑ 1,162	3.3% from 2023
% Matched to PGY-1:	80.2	↓ 0.8%	

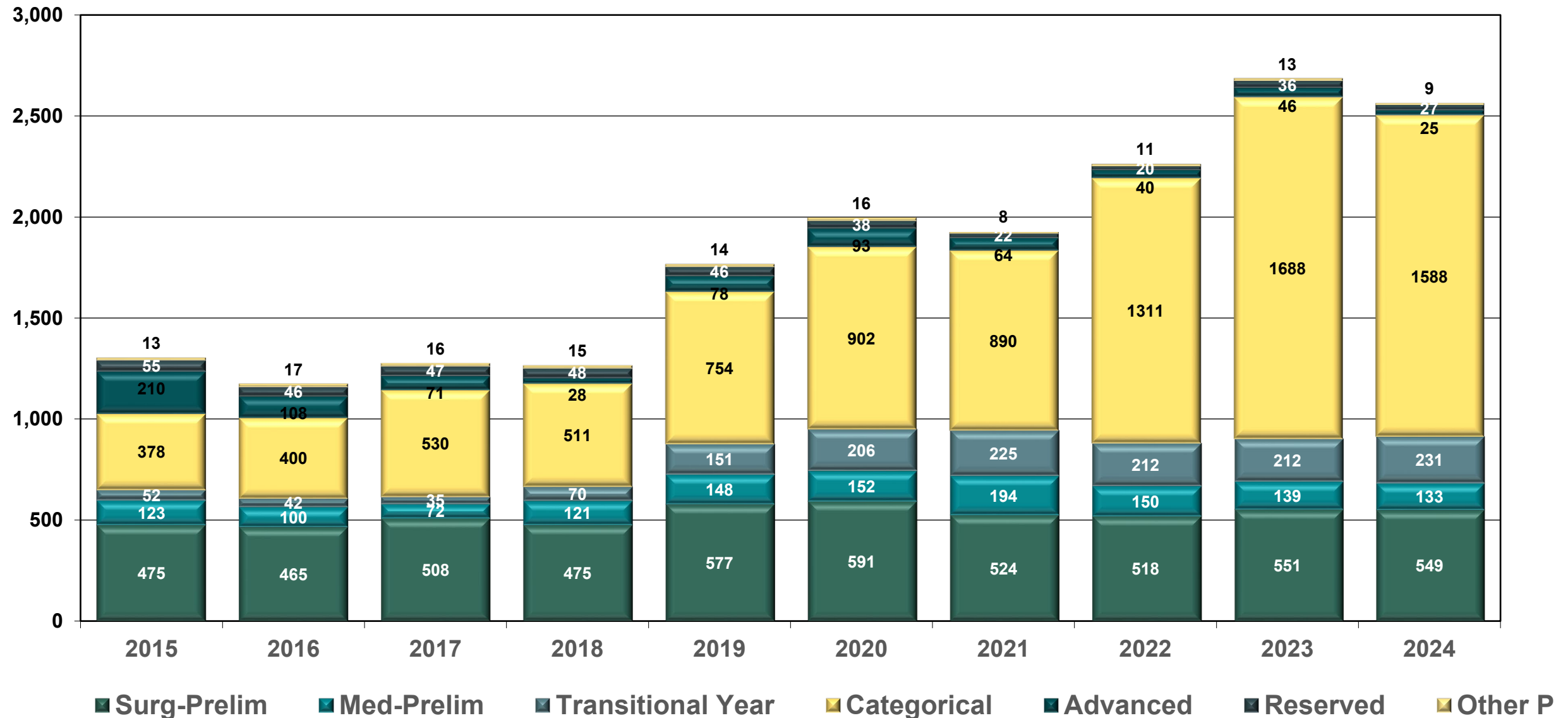
2024 PGY-1 Match Rate by Applicant Type

Overall Match rate = 80.2%



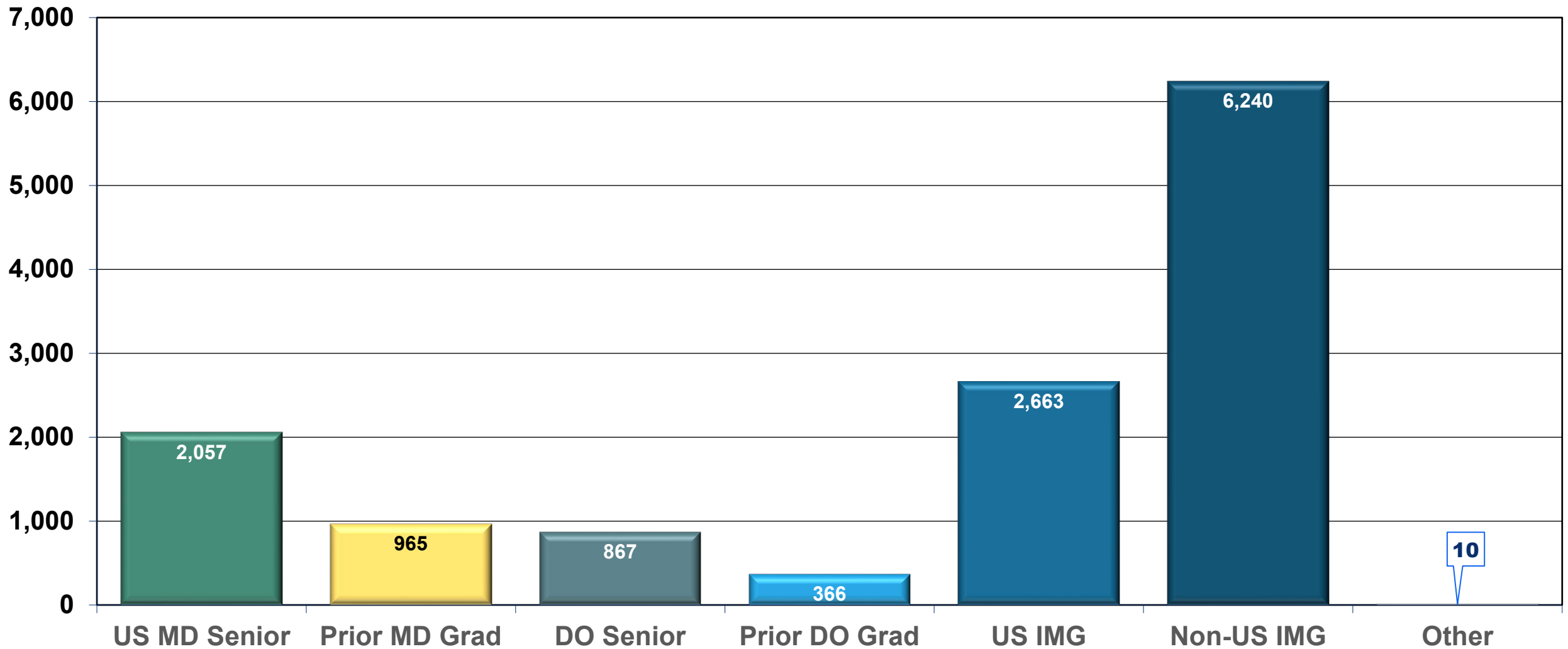
2024 Main Match Unfilled Positions (all)

2,562 Unfilled Positions



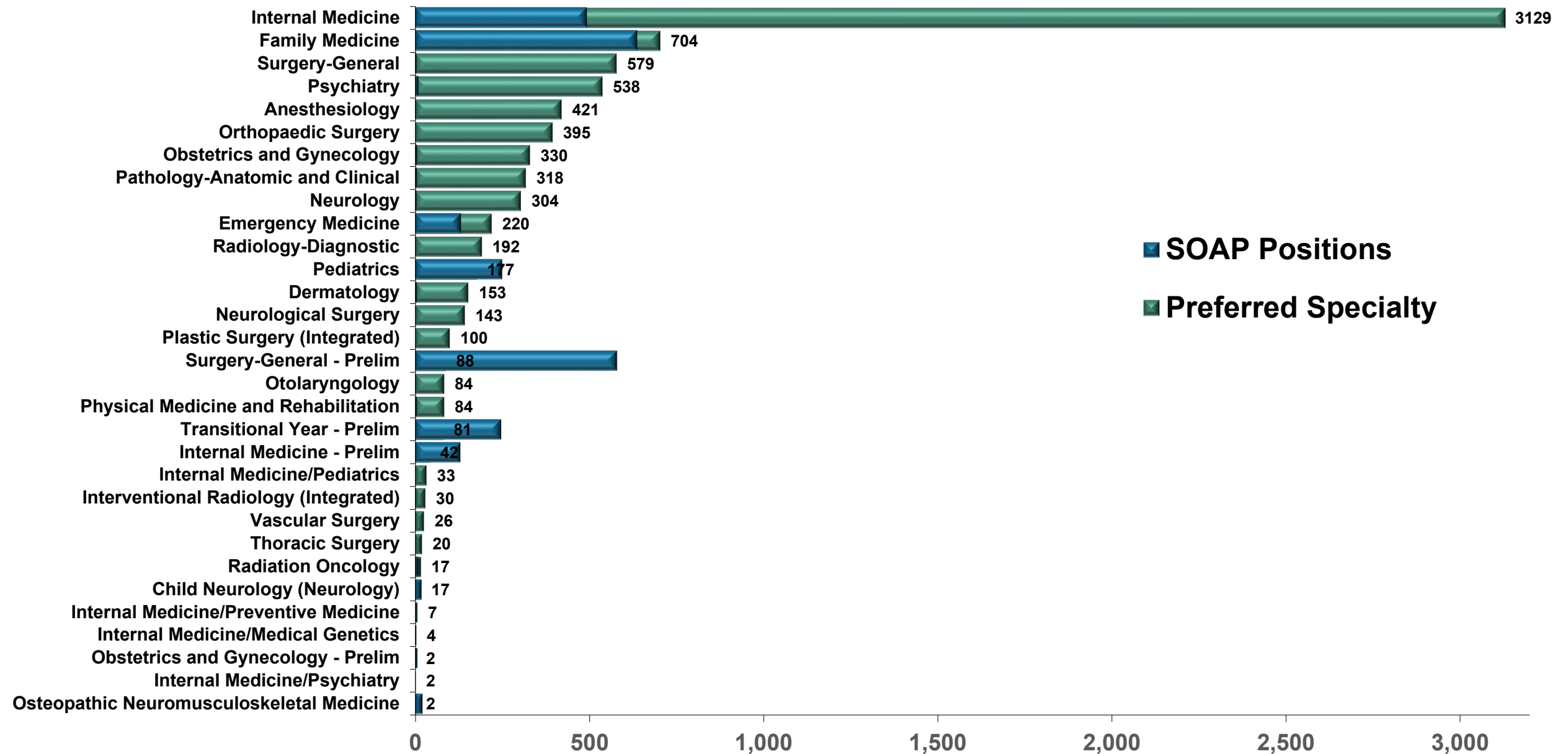
13,168 (9,894 Active) SOAP-Eligible Applicants

803 fewer than 2023

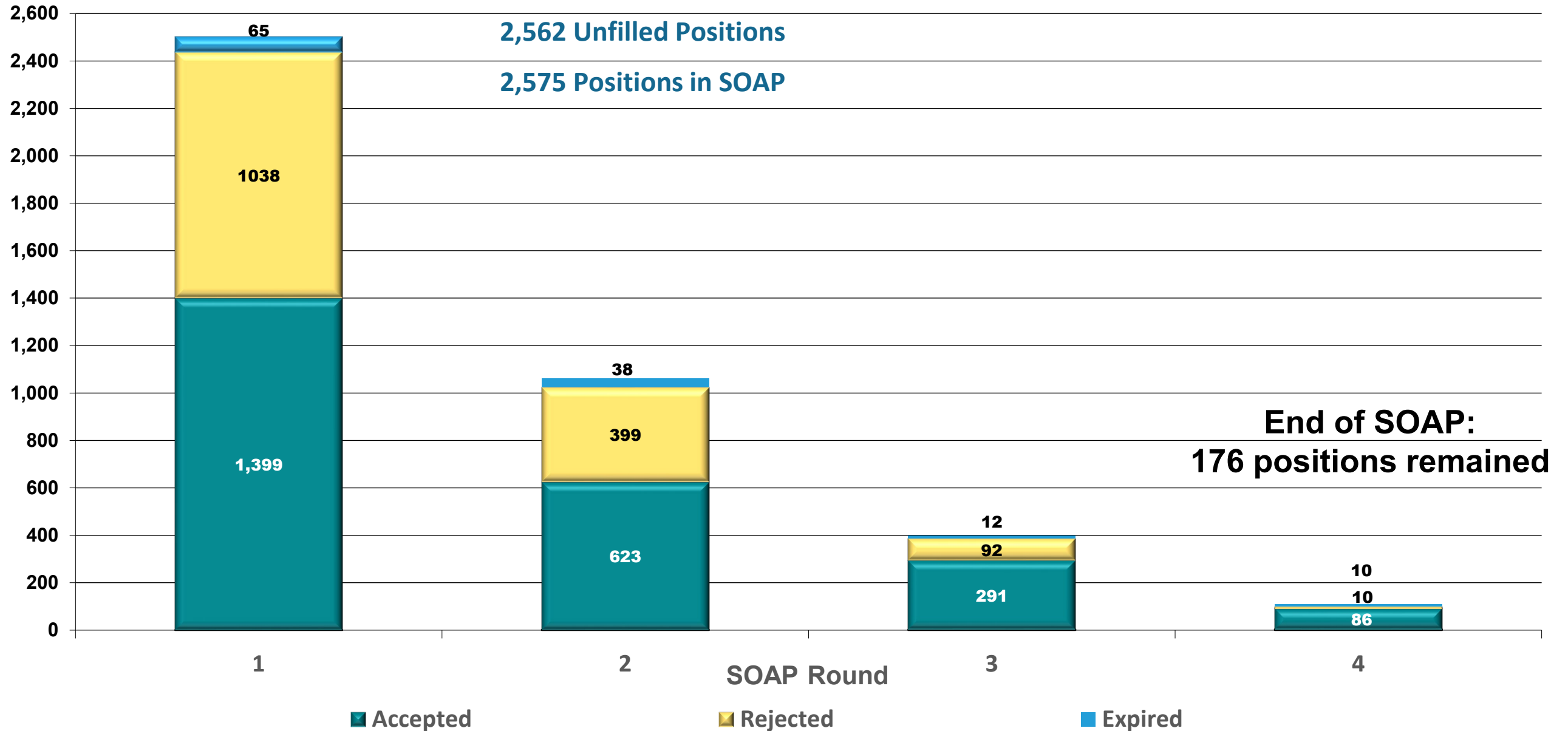


SOAP-eligible applicants include fully unmatched and partially unmatched applicants.

Preferences of Unmatched Applicants: Available SOAP Positions

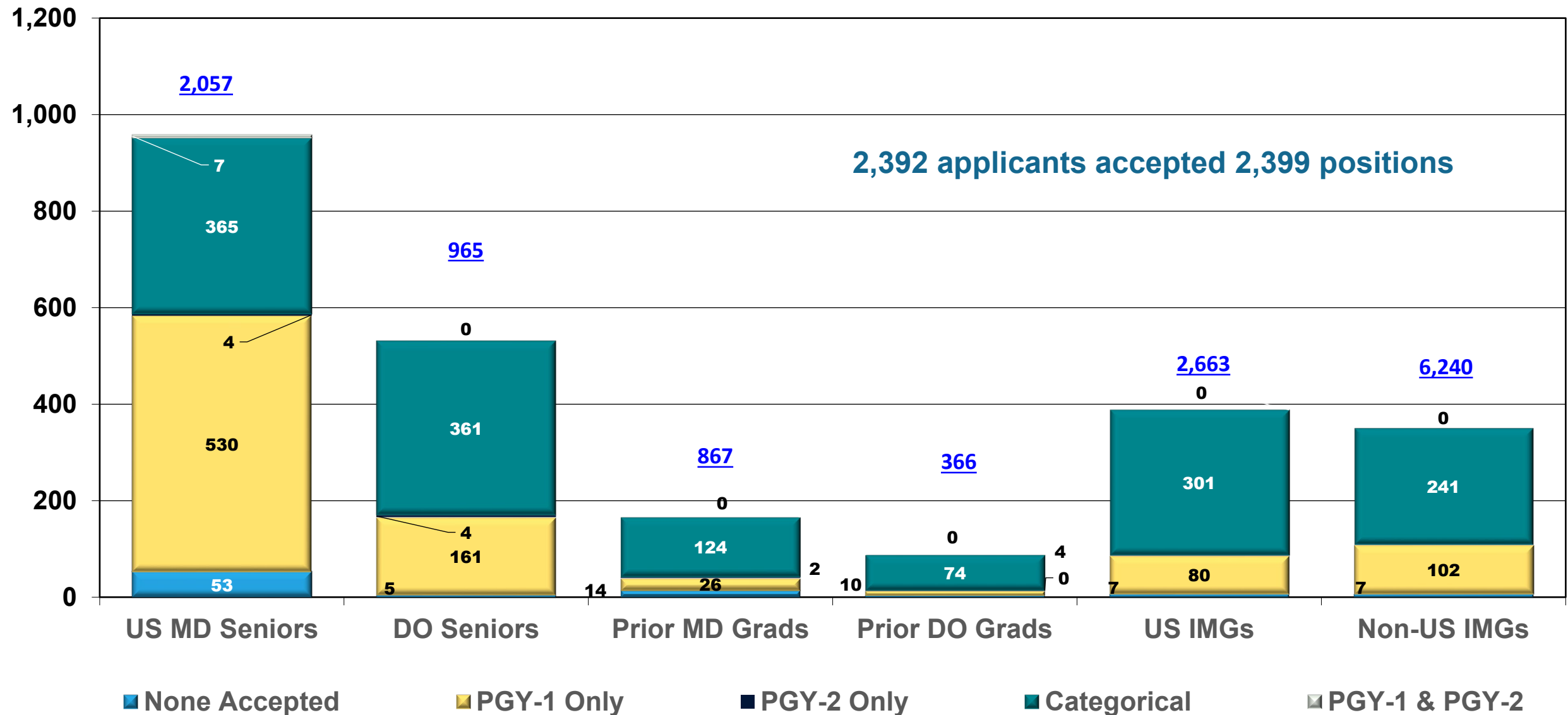


2024 SOAP: Positions Offered & Accepted by Round

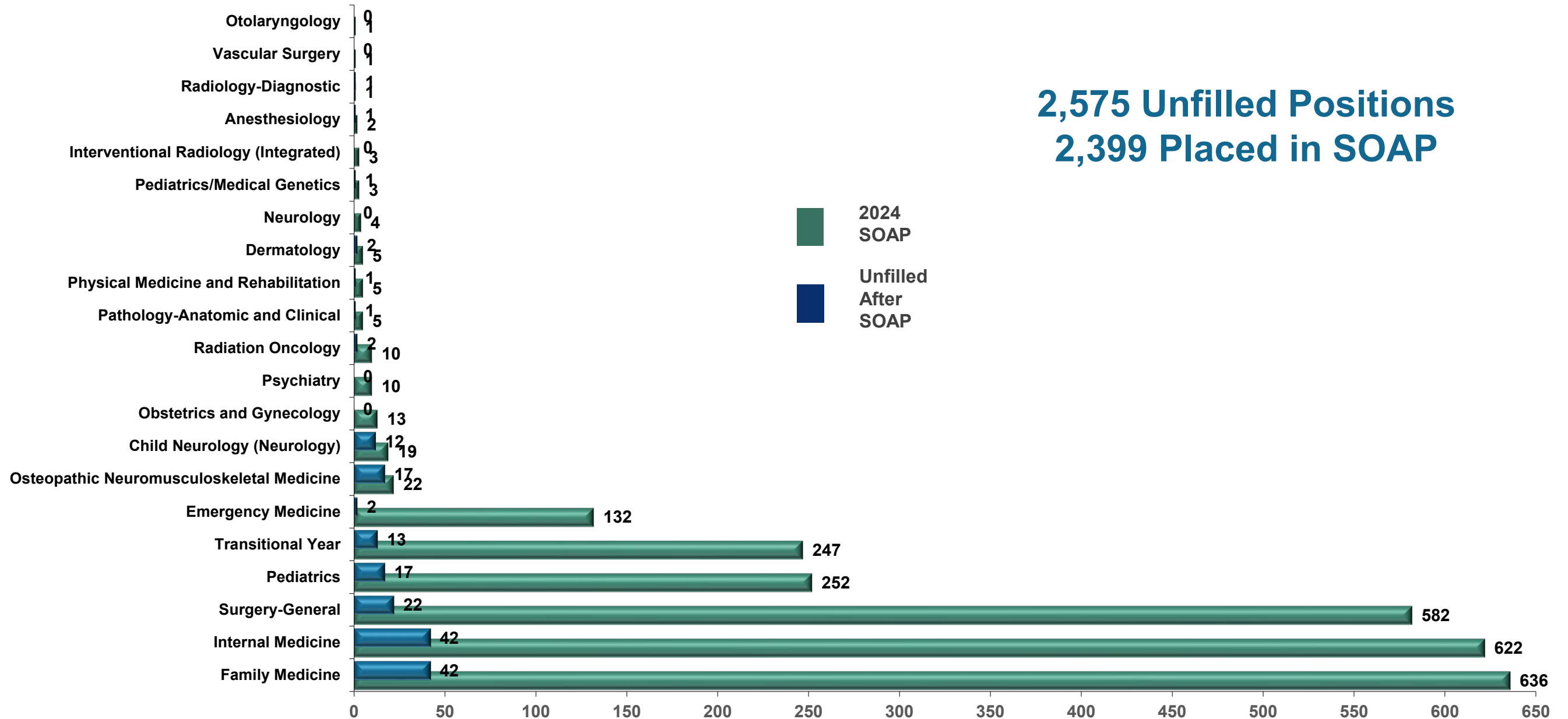


2024 SOAP Positions

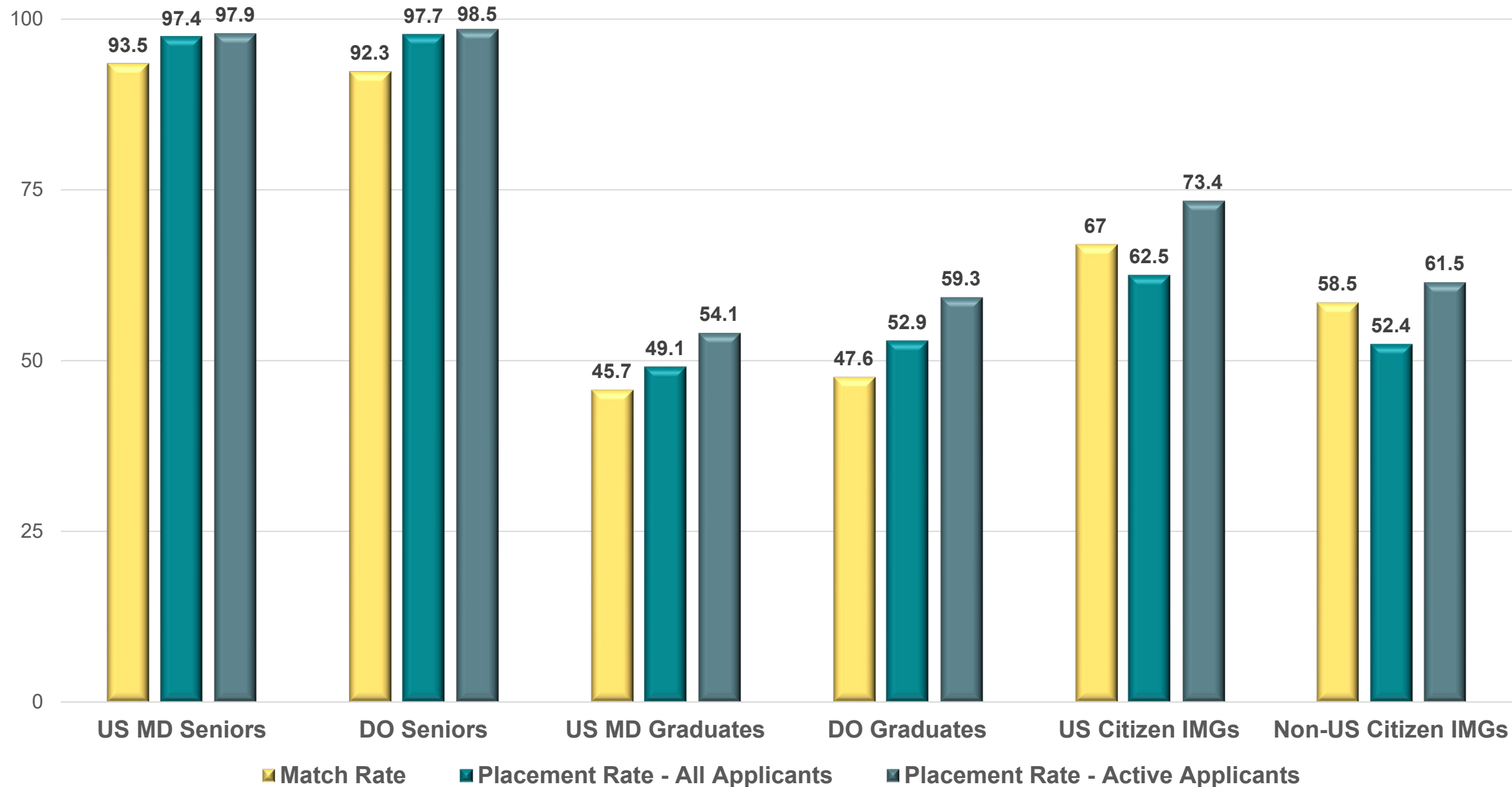
Offered and Accepted by Applicant and Position Type



2024 SOAP positions: Unfilled After SOAP



2024 Match & Placement Rates by Applicant Type



Need SOAP Assistance?

The Match NRMP	Application Services	Intealth/ECFMG
<p>866-653-6767 support@nrmp.org</p> <p>Questions about:</p> <ul style="list-style-type: none">• SOAP Eligibility and policy• R3 system• Access to the <i>List of Unfilled Programs</i>• Receiving and accepting SOAP offers <p>2025 SOAP Guide for Applicants</p> 	<p><u>AAMC ERAS Program</u> 202-862-6264 www.aamc.org/contact-eras</p> <p><u>Central Application</u> help@accessgme.com</p> <p><u>ResidencyCAS</u> 617-612-2870 applicantssupport@residencycas.com</p> <p>Questions about:</p> <ul style="list-style-type: none">• SOAP Application services• Supporting documents• Applying and re-applying to programs	<p><i>For IMGs only</i></p> <p>215-966-3520 eras-support@ecfm.org</p> <p>Questions about:</p> <ul style="list-style-type: none">• Document processing• 2025 Match eligibility requirements