



## National Resident Matching Program® (NRMP®)

The NRMP, also known as The Match®, is a non-profit organization that for more than 70 years has placed medical students and young physicians into the nation's clinical training programs. The Match ensures that a steady pipeline of highly qualified professionals is building the necessary skills to care for patients across the country through a process that is fair, equitable, efficient, transparent, and reliable.



### 2025 Main Residency Match

**47,208**

**Certified Applicants**

5.3% increase  
since 2024

**43,237**

**Total Positions**

4.2% increase  
since 2024



**Active Applicants Placed**



**Overall Positions Filled**

### Overall Placement Rates

PERCENT CHANGE IN MATCHED APPLICANTS SINCE 2024

**97.8%**

**Active Applicant Placement Rate**

↓0.1% US MD Seniors

**98.4%**

**Active Applicant Placement Rate**

↓0.1% US DO Seniors

**73.5%**

**Active Applicant Placement Rate**

↑0.1% US Citizen IMGs

**60.3%**

**Active Applicant Placement Rate**

↓1.2% Non-US Citizen IMGs



### How We Make A Difference

- NRMP data informs national trends in specialty preferences and reflects physician distribution across the U.S.
- NRMP research drives national conversations about bias in medical education and equity in population health.
- NRMP Matches have served more than 1.4 million applicants for both residency and fellowship training since 1992.



### How We Do It

- Applicants submit to the NRMP lists of programs ranked from most to least preferred of where they would like to train. At the same time, training programs submit lists of applicants who they would most like to train.
- Using a proprietary algorithm, the NRMP places applicants with their most preferred programs that also prefer them.
- Once matched, applicants and programs enter into a binding commitment for training. The binding commitment ensures the continuity and distribution of physicians into community-based and academic centers across the U.S.
- With a Match, applicants and programs are treated equally, and their preferences drive outcomes, thereby reducing bias and inequities in training selection.

### Program and Position Highlights

INCREASE IN NUMBER FROM 2024

- 1,734 more certified positions
- 231 more certified programs
- 877 more positions in Primary Care

# 2025 Main Residency Match Snapshot

## NORTH CAROLINA

The 2025 Main Residency Match (MRM) was completed on March 21. New residents begin their core training in their matched hospital by July 1 and remain there, depending on their specialty, for 3 to 7 years.

# 1124

### Applicants Placed In Residency Training Programs in North Carolina



**Overall Positions**  
24 more positions since 2024

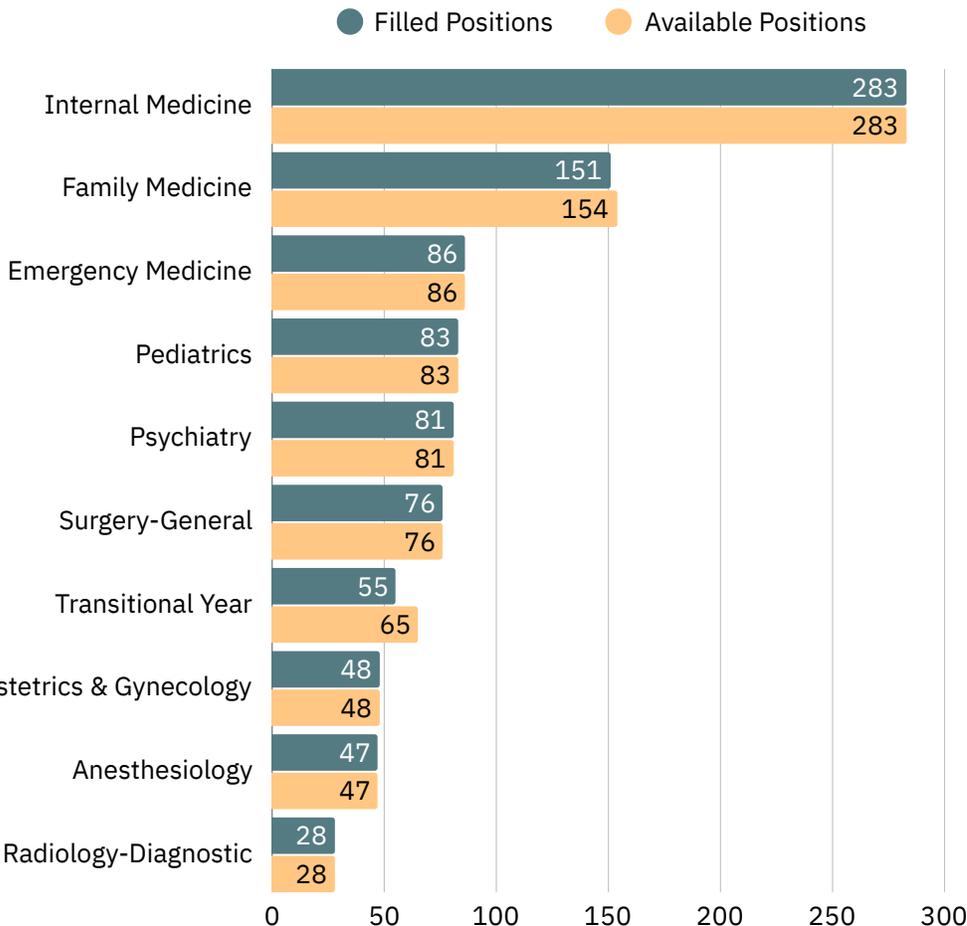


**Overall Positions Filled**  
0.4% decrease since 2024

### SPECIALTIES OF INTEREST



### TOP 10 MRM POSITIONS OFFERED/FILLED BY SPECIALTY



### APPLICANT TYPES IN NORTH CAROLINA PROGRAMS IN 2025

63.4% US MD Seniors

20.0% US DO Seniors

2.5% US MD Grads

1.2% US DO Grads

4.6% US IMGs

8.3% Non-US IMGs

#### APPLICANT TYPE ABBREVIATIONS:

**US MD Seniors:** A 4th-year medical student in a U.S. allopathic medical school accredited by the Liaison Committee on Medical Education (LCME) with a graduation date after July 1 in the year before the Match

**US DO Seniors:** A 4th-year medical student in a U.S. osteopathic medical school accredited by the Commission on Osteopathic College Accreditation (COCA) with a graduation date after July 1 in the year before the Match

**US MD Grads:** Graduates of U.S. medical schools accredited by the LCME

**US DO Grads:** Graduates of U.S. medical schools accredited by the COCA

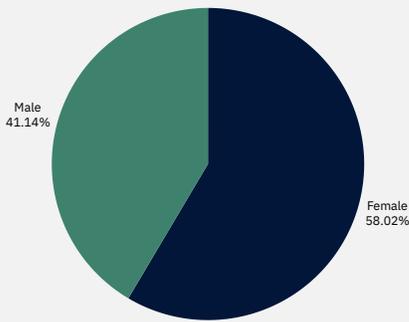
**US IMGs:** A U.S. citizen who attended an international medical school

**Non-US IMGs:** A non-U.S. citizen who attended an international medical school

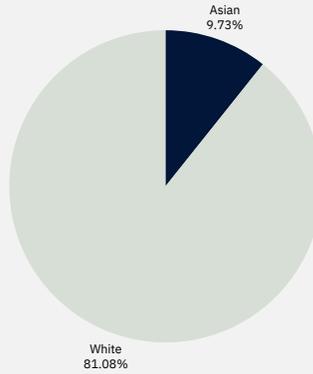
# Matched Applicant Characteristics

The below data is self-reported. Please note, not all applicants chose to respond and the NRMP has suppressed fields that did not meet minimum thresholds to protect confidentiality.

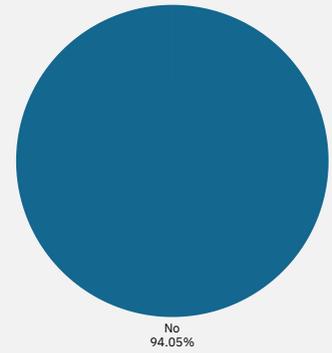
### Birth Sex



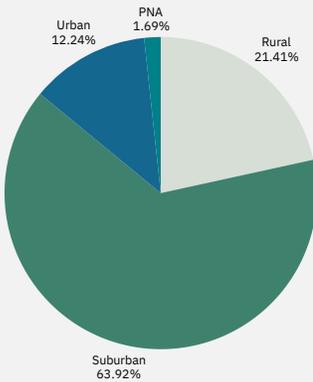
### Race



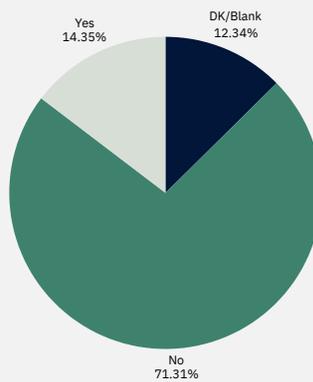
### Hispanic/Latino/Spanish Descent



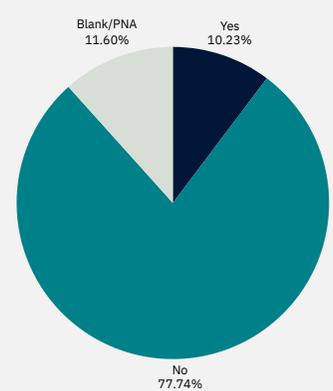
### Childhood Urbanicity



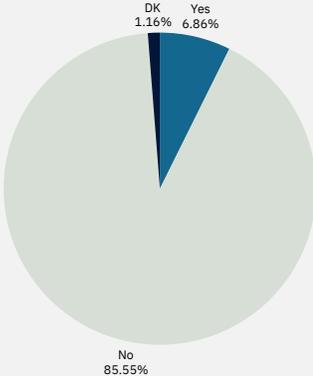
### Family Received Public Assistance Pre-18



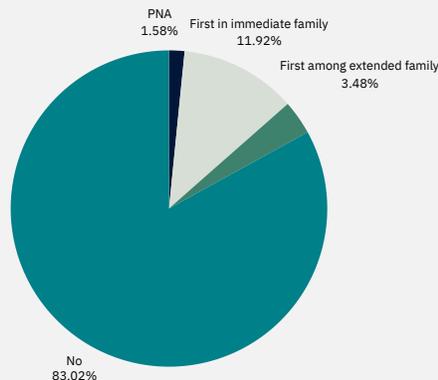
### Contributed to Family Income Pre-18



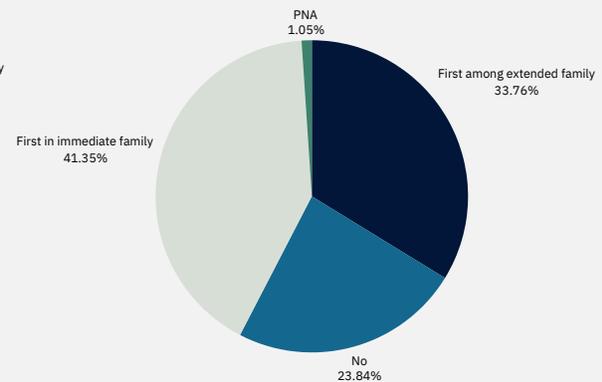
### Disability Status



### First Generation College



### First Generation Med School



## Specialties Matching Service® (SMS®)

The NRMP Specialties Matching Service® (SMS®) conducts matches for subspecialty fellowship positions. The first Fellowship Match was conducted in 1984. For the 2025 appointment year, the SMS provided services for 77 subspecialties in 22 separate matches.



### SMS Fellowship Matches 2025 Appointment Year

**14,833 Active Applicants**

AN INCREASE OF 799 FROM 2024

**14,620 Positions**

AN INCREASE OF 451 FROM 2024



% Applicants Matched



% Positions Filled



Total Specialties



Specialties filling at  
least 90% of positions

### 5-Year Trend (2021–2025)

#### ACTIVE APPLICANTS

AN INCREASE OF 1,908 FROM 2021

▲ **685**

US MD Grads

▲ **619**

US DO Grads

▲ **280**

US Citizen IMGs

▲ **332**

Non-US Citizen IMGs

IMGs=International Medical Graduates

## FELLOWS

After medical school, physician learners, or residents, complete a residency in a core specialty. Some residents may then seek additional training in a subspecialty or fellowship program. Interested eligible individuals can then apply to subspecialties or fellowships and register for the appropriate match.

To participate in a Specialties Matching Service® Fellowship Match, prior to the start of training, an applicant must have completed all training required for the position, must meet all requirements for entry into graduate medical education (GME) as prescribed by the appropriate organization, and any additional eligibility requirements provided by the sponsoring institution (e.g., a teaching hospital).

## FELLOWSHIP MATCHES

- Colon and Rectal Surgery
- Emergency Medicine
- Epilepsy and Clinical Neurophysiology
- Female Pelvic Med & Reconstructive Surgery
- Hand Surgery
- Headache Medicine
- Laryngology
- Medical Genetics
- Medicine and Pediatrics Specialties
- Pain Medicine
- Pathology
- Pediatric Surgery
- Psychiatry
- Radiology
- Rehabilitation Medicine
- Spinal Cord Injury Medicine
- Sports Medicine
- Surgical Critical Care
- Surgical Oncology
- Thoracic Surgery
- Vascular Neurology
- Vascular Surgery

# 2025 Specialties Matching Service Snapshot

## NORTH CAROLINA

The data for the 2025 NRMP Specialties Matching Service® (SMS®) was conducted in 2024 and early 2025. New residents generally begin their fellowship training in their matched hospital by July 1.

# 396

## Applicants Placed In Fellowship Training Programs in North Carolina



Overall Positions



Overall Positions Filled

### SPECIALTIES OF INTEREST



Addition  
positions filled  
7 Total Positions



Cardiovascular Disease  
positions filled  
31 Total Positions

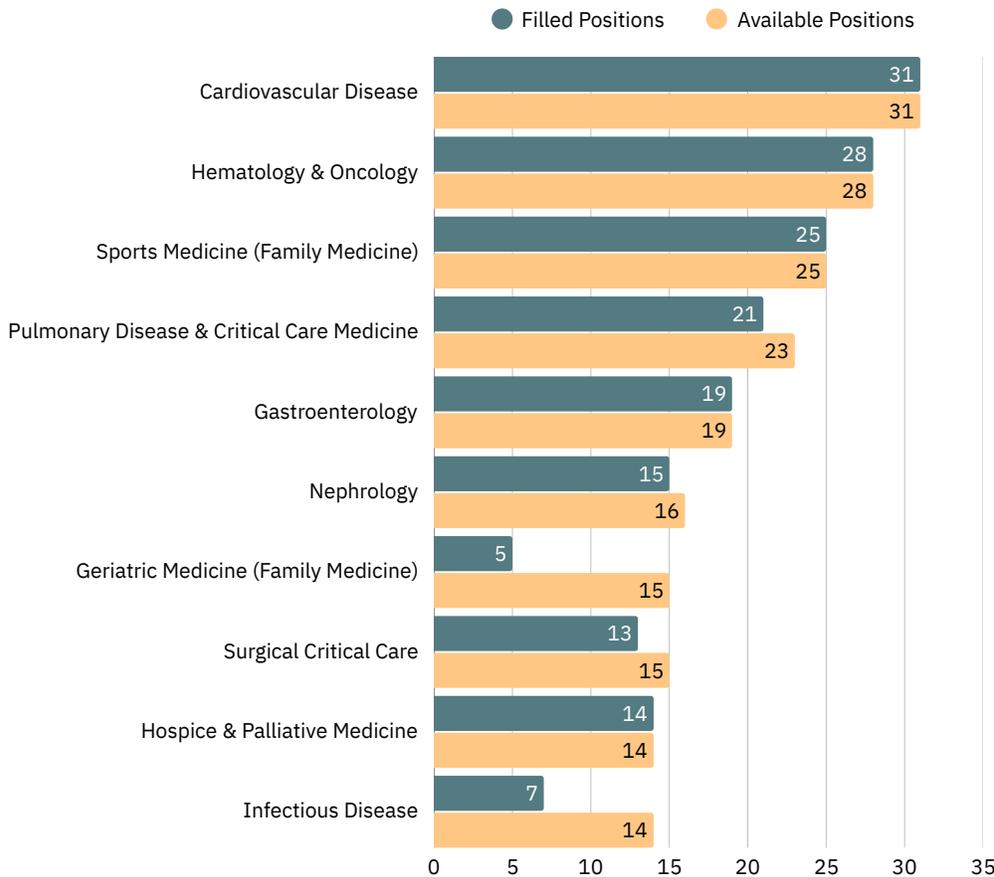


Infectious Disease  
positions filled  
14 Total Positions



Women's Health  
positions filled  
26 Total Positions

### TOP 10 SMS POSITIONS OFFERED/FILLED BY SPECIALTY



### APPLICANT TYPES IN NORTH CAROLINA PROGRAMS IN 2025

66.9% US MD Grads

14.6% US DO Grads

9.6% US IMGs

8.8% Non-US IMGs

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