

Q&A for Internal Medicine

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Voluntary Locking Functionality for Program Rank Order Lists (ROL)



Programs announce their intention to participate in the pilot: September 5 for Internal Medicine and Vascular Surgery; October 3 for pediatrics.



Lock could be implemented voluntarily by a program anytime after ranking opens and either before the first post-interview or by Feb.9



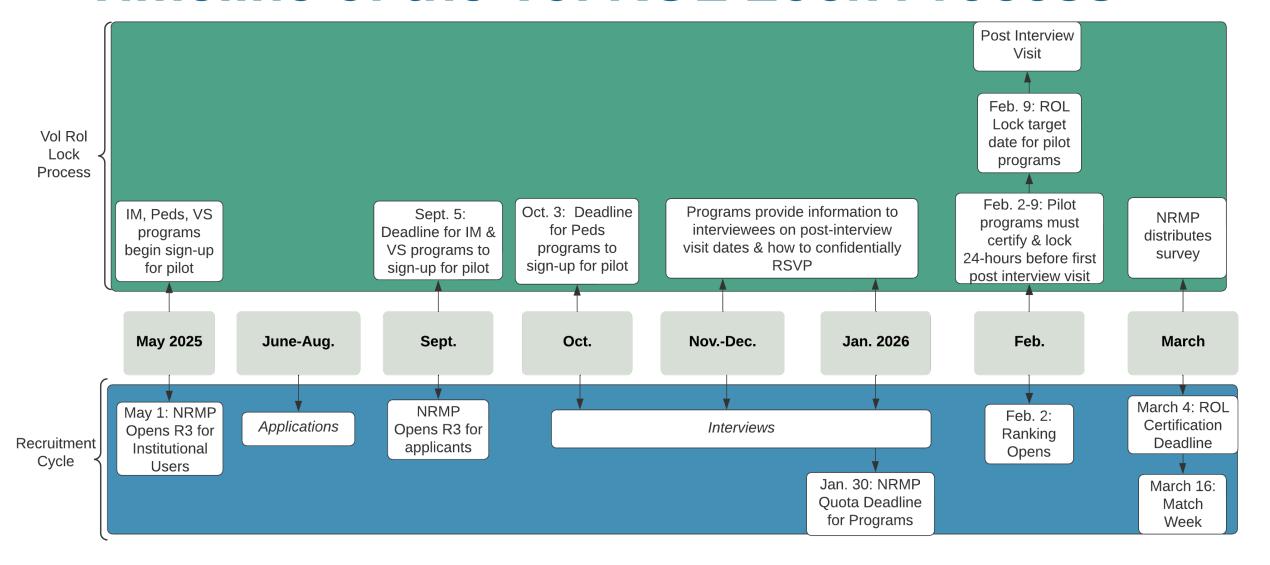
Program's participation and lock status will be indicated to applicants and medical schools in the NRMP's R3 system



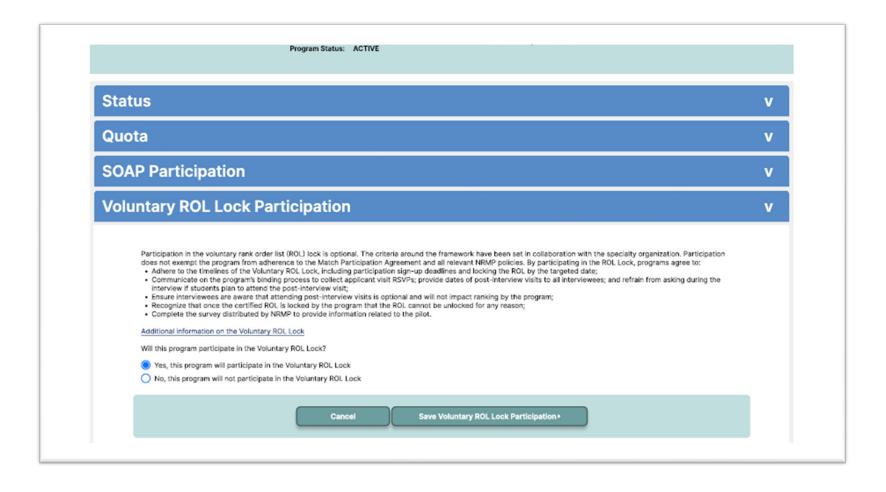
ROL must be certified before being locked and once locked, the ROL cannot be changed. Locking is irreversible.

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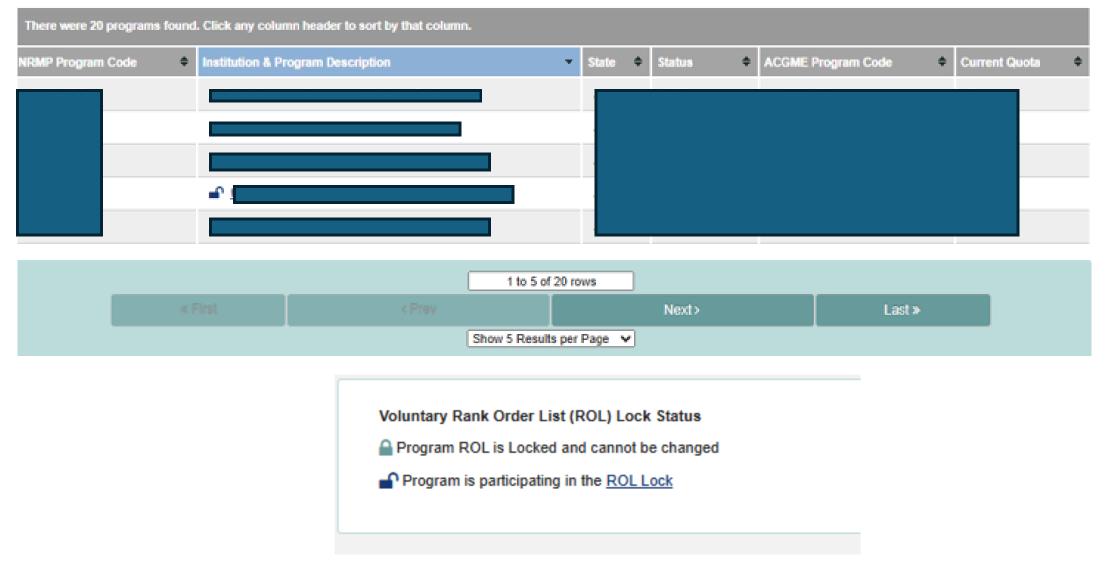
Timeline of the Vol ROL Lock Process



How to Sign-Up:



Program Directory Search



Check out the website for additional resources and contact pilot@nrmp.org with questions



NRMP's Voluntary Program Rank Order List (ROL) Lock

FAQs

This document addresses commonly asked questions regarding the NRMP's Voluntary Rank Order List (ROL) Lock for Programs, with the partnership of the Internal Medicine, Pediatrics, and Vascular Surgery specialties. Programs in those three specialties will have the opportunity to participate beginning with the 2026 Main Residency Match® cycle.

This pilot will make it possible for the NRMP, and participating programs, to explore the merits of a voluntary functionality that would allow programs to "lock" their rank order lists in the NRMP's Registration, Ranking, and Results® (R3®) system. If a program voluntarily locks its ROL prior to the certification deadline, this allows the program to establish a window when interviewees could visit—or not—the program without concern that the program might alter its ranking preferences afterward.

For more information regarding the background and rationale for this initiative, please see the report from the NRMP's Match Summit Meeting.

For information regarding the process and timeline, resources are available on the Voluntary ROL Lock webpage.

Click on any of the below to jump directly to the FAQs developed for that user type:



Program Directors

Designated Institutional Officials (DIOs)

Medical School Officials



https://www.nrmp.org/voluntary-program-rank-order-list-lock-pilot/