

## 2026 Main Residency Match<sup>®</sup> By the Numbers\*

Complete data: <https://www.nrmp.org/match-data/2026/03/match-by-the-numbers-2026-main-residency-match/>

See Definitions on p.1 of the Advance Data Tables for explanation of terms

		CHANGE FROM 2025	
<b>Positions</b>			
Total Positions**	<b>44,344</b>	↑ 1,107	2.6%
Total PGY-1 Positions**	<b>41,126</b>	↑ 1,085	2.7%
Total Positions Filled**	<b>41,482</b>	↑ 718	1.8%
Total PGY-1 Positions Filled**	<b>38,354</b>	↑ 687	1.8%
Unfilled Positions	<b>2,862</b>	↑ 389	15.7%
Unfilled Positions Offered in SOAP	<b>2,851</b>	↑ 330	13.1%
Percent of All Positions Filled***	<b>93.5</b>	↓ 0.8%	
Percent of PGY-1 Positions Filled***	<b>93.3</b>	↓ 0.8%	
<b>All Applicants</b>			
Total Registered Applicants**	<b>53,373</b>	↑ 875	1.7%
Applicants Certifying Rank Order Lists**	<b>48,050</b>	↑ 842	1.8%
Applicants Matched to PGY-1 Positions**	<b>38,354</b>	↑ 687	1.8%
Percent of Active Applicants Matched to PGY-1 Positions***	<b>79.8</b>	0.0%	
<b>U.S. MD Seniors</b>			
U.S. MD Seniors Submitting Program Choices**	<b>20,934</b>	↑ 566	2.8%
U.S. MD Seniors Matched to PGY-1 Positions**	<b>19,567</b>	↑ 523	2.7%
Percent of U.S. MD Seniors Matched to PGY-1 Positions***	<b>93.5</b>	0.0%	
Percent of PGY-1 Positions Filled by U.S. MD Seniors***	<b>47.6</b>	0.0%	
<b>U.S. DO Seniors</b>			
U.S. DO Seniors Submitting Program Choices**	<b>8,503</b>	↑ 111	1.3%
U.S. DO Seniors Matched to PGY-1 Positions**	<b>7,928</b>	↑ 155	2.0%
Percent of U.S. DO Seniors Matched to PGY-1 Positions***	<b>93.2</b>	↑ 0.6%	
Percent of PGY-1 Positions Filled by U.S. DO Seniors***	<b>19.3</b>	↓ 0.1%	
<b>U.S. IMGs</b>			
U.S. IMGs Submitting Program Choices	<b>4,210</b>	↓ 377	-8.2%
U.S. IMGs Matched to PGY-1 Positions	<b>2,949</b>	↓ 159	-5.1%
Percent of U.S. IMGs Matched to PGY-1 Positions***	<b>70.0</b>	↑ 2.2%	
Percent of PGY-1 Positions Filled by U.S. IMGs***	<b>7.2</b>	↓ 0.6%	

## Non-U.S. IMGs

U.S. Non-U.S IMGs Submitting Program Choices**	11,944	↑	479	4.2%
U.S. Non-U.S IMGs Matched to PGY-1 Positions**	6,733	↑	80	1.2%
Percent of Non-U.S IMGs Matched to PGY-1 Positions ***	56.4	↓	1.6%	
Percent of PGY-1 Positions Filled by Non-U.S IMGs ***	16.4	↓	0.2%	

## Couples

Couples Submitting Program Choices	1,258	↓	1	
Couples Match Rate***	93.0	↓	0.2%	

\*Numbers do not include the Match Week Supplemental Offer and Acceptance Program®

\*\*Highest on record

\*\*\*Increases or declines reflect absolute percent changes since 2025