

National Resident Matching Program® (NRMP®)

The NRMP, also known as The Match®, is a non-profit organization that for more than 70 years has placed physician learners to U.S.-based residency and fellowship training programs. The Match leverages its premier data and analyses to enhance the healthcare environment while fostering innovation and advancing professionalism across the transition to residency and the physician workforce.



2026 Main Residency Match®

48,050
Certified Applicants

1.8% increase
since 2025

44,344
Total Positions

2.6% increase
since 2025



Active Applicants Placed



Overall Positions Filled

Program and Position Highlights

INCREASE IN NUMBER FROM 2025

- 1,107 more certified positions
- 183 more certified programs
- 412 more positions in Primary Care

How We Do It

- Applicants submit to the NRMP lists of programs ranked from most to least preferred of where they would like to train. At the same time, training programs submit lists of applicants who they would most like to train.
- Using a proprietary algorithm, the NRMP places applicants with their most preferred programs that also prefer them.
- Once matched, applicants and programs enter into a binding commitment for training. The binding commitment ensures the continuity and distribution of physicians into community-based and academic centers across the U.S.
- With a Match, applicants and programs are treated equally, and their preferences drive outcomes, thereby reducing bias and inequities in training selection.

Why We Matter



NRMP supports a fair, transparent, and efficient transition to residency by aligning applicant and program preferences through a structured matching process.

NRMP has served more than 1.4 million applicants for both residency and fellowship training since 1992.

- NRMP supports a fair, transparent, and efficient transition to residency by aligning applicant and program preferences through a structured matching process.
- NRMP data informs national trends in specialty preferences and reflects physician distribution across the U.S.
- NRMP Matches champion order, fairness, and transparency of experience and provide applicants with agency and choice in specialization.

Our core values and principles:

- **Ethics:** We act with honesty, trustworthiness, and accountability
- **Equity:** We ensure access and opportunity for all
- **Efficacy:** We leverage our experience and expertise to advance transformative and efficient match processes
- **Engagement:** We cultivate respectful, collaborative, and productive relationships through active listening and courageous and candid communications

2026 Main Residency Match Snapshot

ALASKA

The 2026 Main Residency Match (MRM) was completed on March 21. New residents begin their core training in their matched hospital by July 1 and remain there, depending on their specialty, for 3 to 7 years.

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Applicants Placed In Residency Training Programs in Alaska



Total Positions



Total Positions Filled

4 fewer positions since 2025

No percent change since 2025

POSITION FILL RATES BY APPLICANT TYPE

30% US MD Seniors

20% US DO Seniors

10% US IMGs

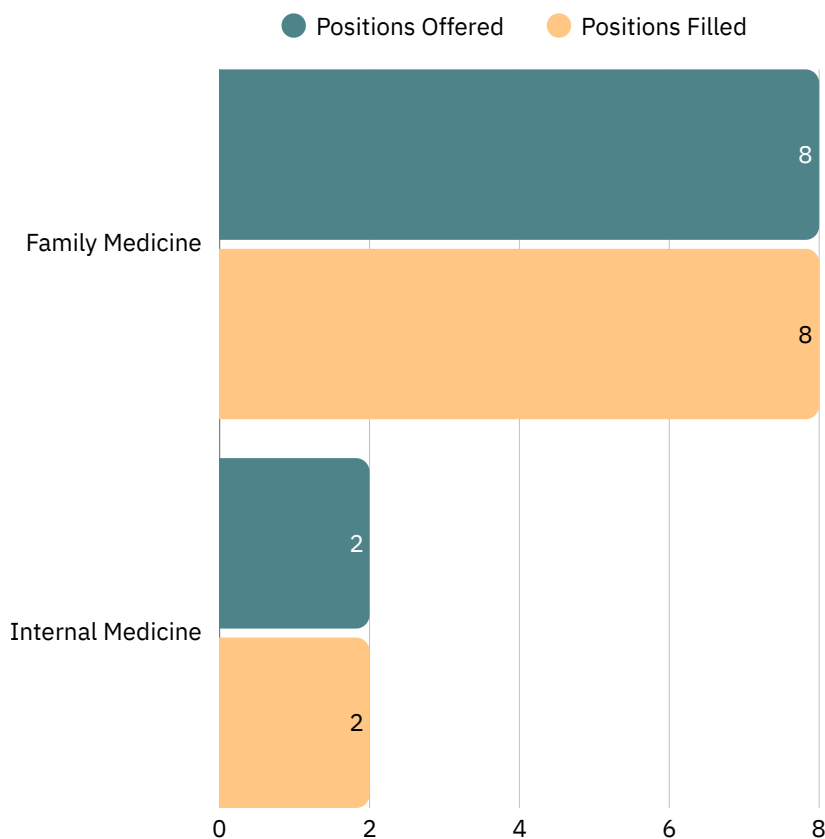
40% Non-US IMGs

0% U.S. MD/DO Grads

APPLICANT TYPE ABBREVIATIONS:

US MD Seniors: Graduating medical student in a U.S. allopathic medical school
US DO Seniors: Graduating medical student in a U.S. osteopathic medical school
US MD Grads: Graduate of a U.S. allopathic medical school
US DO Grads: Graduate of a U.S. osteopathic medical school
US IMGs: U.S. citizen graduating from an international medical school
Non-US IMGs: Non-U.S. citizen graduating from an international medical school

TOP FIVE SPECIALTIES BASED ON POSITIONS OFFERED AND FILLED



ALASKA MATCH TRENDS

